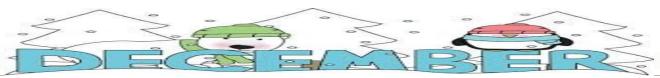


## AHMANSON SENIOR CENTER





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Class 9:30am-11am Art Class 10:00am-12:00pm  Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	2 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	Self Defense Class 9am Computer Class (advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	4 MAMBO MANIA 9:30am-10:30am Smart Phone Class iPhone 9am/Android 10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm	Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm -2pm Yoga 12pm-1pm African Dance and Drumming 1pm-2pm Book Club 1pm-2:30pm	6
RUNG FU PRESENTATION 9:30am Computer Class 9:30am-11am Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	9 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	10 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	11 MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm  Square Dance 7:30pm-9pm	12 Winter Showcase Luncheon 11am (NO CLASSES)	13 EXPO CENTER Winter Holiday Festival 10am-2pm
15 Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	16 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	17 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	18 MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm  Square Dance 7:30pm-9pm	19 Creative Writing 9am-11am CRAFT CLUB 10am-12pm	20
Art Class 10:00am-12:00pm  Beginners Line Dance 11am-12pm  Line Dance 12:30pm-2:30pm	23 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	24 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	<sup>25</sup> Facility Closed for Christmas	Creative Writing 9am-11am CRAFT CLUB 10am-12pm Book Club 1pm-2:30pm Beginners Spanish 1pm-2:30pm	27
Art Class 10:00am-12:00pm  Beginners Line Dance 11am-12pm  Line Dance 12:30pm-2:30pm	30 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	31 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	FOR MORE INFOMA Ahmanson Senior C 3990 Bill Robertson Los Angeles, CA 90 213.763.0118 www.laparks.org/e Facebook.com/expoce	enter 1 Ln. 70 P. SENIOR C	LY MEMBERSHIP S REQUIRED ARTICIPATE IN LASSES AND EVENTS FEES: ver: \$10 per Month ider: \$15 per Month

## AHMANSON SENIOR CENTER



### FALL 2025





#### MONDAY LUNES

Computer Class Beginners 9:30 AM - 11AM

Art Class 10am-12pm

Beginners Line Dance 11am-12pm

Line Dance 12:30pm-2:30pm





#### TUESDAY MARTES

MAMBO MANIA 9:30AM-10:30AM

English Now(ESL) 10am-12pm

SALSA CLASS 11:00AM- 12:00PM

CIRCUIT TRAINING 11:00AM-12:00PM

Gourd Art 12:15 PM-2:15PM



#### WEDNESDAY MIERCOLES

Self Defense Class 9:00 AM

Computer Class Advanced 9:30 AM - 11 AM

QUILTING 10:00AM-3:00PM

KNITTING & CROCHETING 10:00AM-3:00PM

BEGINNER SALSA CLASS 11:00AM- 12:00PM



#### THURSDAY JUEVES

Smart Phone Class iPhone 9am Android 10:30am

English Now (ESL) 10am-12pm

MAMBO MANIA 9:30AM-10:30AM

SALSA CLASS 11:00AM- 12:00PM

CIRCUIT TRAINING 11:00AM-12:00PM

Healthier Living 12:30pm-3pm (11/13 to 12/15)

Square Dance 7:30pm-9pm

# FRIDAY VIERNES

CREATIVE WRITING 9:00AM -11:00AM

CRAFT CLUB 10:00AM-12:00PM

Book Club 12:30pm- 2:30pm

Music Class 12pm-2pm

Beginners Spanish Class 1:00pm-2:30pm

African Dance and Drumming 1:00pm-2:00pm

## IMPORTANT INFORMATION

Programming can be changed at anytime without notice depending On mandates from the City of Los Angeles

Monday, December 8,2025 Kung Fu Presentation 9:30am

Friday, December 12,2025 Winter Showcase and Luncheon 11am