

AHMANSON SENIOR CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 Computer Class (Beginners) 9:30am-11am Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	4 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	6 MAMBO MANIA 9:30am-10:30am Cell Phone Class iPhone 9am/Android 10:30am SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm	7 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm-2pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm	8
10 Computer Class (Beginners) 9:30am-11am Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	11 Facility Closed Veterans Day	Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	MAMBO MANIA 9:30am-10:30am Cell Phone Class iPhone 9am/Android 10:30am SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Healthier Living Workshop 12:30pm-3:00pm Square Dance 7:30pm-9pm	14 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm-2pm Book Club 12:30pm- 2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm	15
9:30am-11am Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	18 MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	19 Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	20 MAMBO MANIA 9:30am-10:30am Cell Phone Class iPhone 9am/Android 10:30am SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Healthier Living Workshop 12:30pm-3:00pm Square Dance 7:30pm-9pm	21 Turkey Bowl 11:00am Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm-2pm Book Club 12:30pm-2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm	22
24 Computer Class (Beginners) 9:30am-11am Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	25 MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm Gourd Art 12:15pm-2:15pm	26 Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	²⁷ Facility Closed Thanksgivings	²⁸ Facility Closed Thanksgivings	29
			Al 3 1	hmanson Senior Center 990 Bill Robertson Ln. Los Angeles,CA 90037 213.763.0118 www.laparks.org/expo	ILY MEMBERSHIP STREQUIRED ARTICIPATE IN NIOR CLASSES ND EVENTS FEES: ver \$10 per Month nder \$15 per Month

AHMANSON SENIOR CENTER



SPRING 2025

SCHEDULE OF CLASSES/ HORARIO DE CLASES



MONDAY LUNES

Computer Class (Beginners) 9:30 AM - 11 AM

Art Class 10am-12pm

Beginners Line Dance 11am-12pm

Line Dance 12:30pm-2:30pm





TUESDAY MARTES

MAMBO MANIA 9:30AM-10:30AM

English Now(ESL) 10am-12pm

SALSA CLASS 11:00AM- 12:00PM

CIRCUIT TRAINING 11:00AM-12:00PM

Gourd Art 12:15 PM-2:15PM





WEDNESDAY MIERCOLES

Self Defense Class 9:00 AM

Computer Class (Advanced) 9:30 AM - 11 AM

QUILTING 10:00AM-3:00PM KNITTING & CROCHETING 10:00AM-3:00PM

BEGINNER SALSA CLASS 11:00AM- 12:00PM



THURSDAY JUEVES

Smart Phone Class iPhone 9am Android 10:30am

English Now(ESL) 10am-12pm

MAMBO MANIA 9:30AM-10:30AM

SALSA CLASS 11:00AM- 12:00PM

CIRCUIT TRAINING 11:00AM-12:00PM

Healthier Living 12:30pm-3pm(11/13 to 12/15)

Square Dance 7:30 PM-9PM

FRIDAY VIERNES

CREATIVE WRITING 9:00AM-11:00AM

CRAFT CLUB 10:00AM-12:00PM

MUSIC CLASS 12PM-2PM

> Yoga 12pm-1pm

Book Club 12:30pm- 2:30pm

Beginners Spanish Class 1:00pm-2:30pm

African Dance and Drumming 1:00pm-3:00pm



IMPORTANT INFORMATION

Parking Decal REQUIRED for EXPO Parking . Request one at the Senior Center Office

Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Facility Closed November 11,2025 Veterans Day November 27 & 28, 2025 Thanksgiving

Friday November 21,2025 Turkey Bowl 11am