

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Ahmanson Senior Center
3990 Bill Robertson Ln.
Los Angeles, CA 90037
213.763.0119
www.laparks.org/expo

**IMPORTANT
ANNOUNCEMENT**

*MONTHLY MEMBERSHIP
IS REQUIRED
TO PARTICIPATE IN
SENIOR CLASSES
AND EVENTS*

1 Self Defense Class 9am

KNITTING &
CROCHETT CLUB
QUILTING CLUB
10am-3pm
Beginner SALSA CLASS
11am-12pm

2 MAMBO MANIA
9:30am-10:30am
English Now(ESL)10am-12pm
SALSA CLASS 11am-12pm
CIRCUIT TRAINING
11am-12pm
Square Dance 7:30pm-9pm

3 Creative Writing 9am-11am
CRAFT CLUB 10am-12pm
Music Class 12pm -2pm
Yoga 12pm-1pm
African Dance and Drumming
1pm-2pm
Book Club 1pm-2:30pm
Beginners Spanish 1pm-2:30pm

4

6 Long Beach Aquarium
1:45pm
Art Class
10:00am-12:00pm

Beginners Line Dance 11am-12pm
Line Dance 12:30pm-2:30pm

7 MAMBO CLASS
9:30am-1030am
English Now (ESL)
10am-12pm

SALSA CLASS 11am-12pm
Circuit Training
11:00am-12:00pm

8 Self Defense Class 9am

KNITTING &
CROCHETT CLUB
QUILTING CLUB
10am-3pm
Beginner SALSA CLASS
11am-12pm

9 MAMBO MANIA
9:30am-10:30am
English Now(ESL)10am-12pm
SALSA CLASS 11am-12pm
CIRCUIT TRAINING
11am-12pm
Square Dance 7:30pm-9pm

10 Creative Writing
9am-11am
CRAFT CLUB 10am-12pm
Music Class 12pm -2pm
Book Club 1pm-2:30pm
Beginners Spanish
1pm-2:30pm

11

13 Facility
Closed
Indigenous
People Day

14 MAMBO CLASS
9:30am-1030am
English Now(ESL)10am-12pm

SALSA CLASS 11am-12pm
Circuit Training
11:00am-12:00pm

15 Self Defense Class 9am-10am
Computer Class (Advanced)
9:30am-11am
KNITTING &
CROCHETT CLUB
QUILTING CLUB
10am-3pm
Beginner SALSA CLASS
11am-12pm

16 MAMBO MANIA
9:30am-10:30am
Smart Phone Class
iPhone 9am/Android 10:30am
English Now(ESL)10am-12pm
SALSA CLASS 11am-12pm
CIRCUIT TRAINING
11am-12pm
Square Dance 7:30pm-9pm

17 Creative Writing 9am-11am
CRAFT CLUB 10am-12pm
Music Class 12pm -2pm
Yoga 12pm-1pm
African Dance and Drumming
1pm-2pm
Book Club 1pm-2:30pm
Beginners Spanish 1pm-2:30pm

18

20 Computer Class (Beginners)
9:30am-11am

Art Class
10:00am-12:00pm

Beginners Line Dance 11am-12pm
Line Dance 12:30pm-2:30pm

21 MAMBO CLASS
9:30am-1030am
English Now(ESL)10am-12pm

SALSA CLASS 11am-12pm
Circuit Training
11:00am-12:00pm

22 Self Defense Class 9am-10am
Computer Class (Advanced)
9:30am-11am
KNITTING &
CROCHETT CLUB
QUILTING CLUB
10am-3pm
Beginner SALSA CLASS
11am-12pm

23 MAMBO MANIA
9:30am-10:30am
Smart Phone Class
iPhone 9am/Android 10:30am
English Now(ESL)10am-12pm
SALSA CLASS 11am-12pm
CIRCUIT TRAINING 11am-12pm
Square Dance 7:30pm-9pm
*held in afterschool room 1st flr main
building*

24 Creative Writing 9am-11am
CRAFT CLUB 10am-12pm
Music Class 12pm -2pm
Yoga 12pm-1pm
Book Club 1pm-2:30pm
African Dance and Drumming
1pm-2pm
Beginners Spanish 1pm-2:30pm

25

27 Computer Class (Beginners)
9:30am-11am

Art Class
10:00am-12:00pm

Beginners Line Dance 11am-12pm
Line Dance 12:30pm-2:30pm

28 MAMBO CLASS
9:30am-1030am
English Now (ESL)
10am-12pm
SALSA CLASS 11am-12pm
Circuit Training
11:00am-12:00pm

29 Self Defense Class 9am-10am
Computer Class (Advanced)
9:30am-11am
KNITTING &
CROCHETT CLUB
QUILTING CLUB
10am-3pm(MRP 2nd fl
Beginner SALSA CLASS
11am-12pm

30 MAMBO MANIA
9:30am-10:30am
Smart Phone Class
iPhone 9am/Android 10:30am
English Now(ESL)10am-12pm
SALSA CLASS 11am-12pm
CIRCUIT TRAINING 11am-12pm
Square Dance 7:30pm-9pm *held
in afterschool room 1st flr main building*

31 Halloween
Party
12pm
No Classes

AHMANSON SENIOR CENTER

FALL 2025

SCHEDULE OF CLASSES/ HORARIO DE CLASES





PORTANT INFORMATION

Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Your patience at this time is greatly appreciated

Monday, October 6, 2025
Long Beach Aquarium 1:45pm

Friday, October 31, 2025
Halloween Party 12pm

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
<p>Computer Class Beginners 9:30 AM - 11AM</p> <p>Art Class 10am-12pm</p> <p>Beginners Line Dance 11am-12pm</p> <p>Line Dance 12:30pm-2:30pm</p>  	<p>MAMBO MANIA 9:30AM-10:30AM</p> <p>English Now(ESL) 10am-12pm</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>Self Defense Class 9:00 AM</p> <p>Computer Class Advanced 9:30 AM - 11AM</p> <p>QUILTING 10:00AM-3:00PM</p> <p>KNITTING & CROCHETING 10:00AM-3:00PM</p> <p>BEGINNER SALSA CLASS 11:00AM- 12:00PM</p> 	<p>Smart Phone Class iPhone 9am Android 10:30am</p> <p>English Now (ESL) 10am-12pm</p> <p>MAMBO MANIA 9:30AM-10:30AM</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> <p>12:30p-3pm</p> <p>Square Dance 7:30pm-9pm</p> 	<p>CREATIVE WRITING 9:00AM -11:00AM</p> <p>CRAFT CLUB 10:00AM-12:00PM</p> <p>Book Club 12:30pm- 2:30pm</p> <p>Music Class 12pm-2pm</p> <p>Beginners Spanish Class 1:00pm-2:30pm</p> <p>African Dance and Drumming 1:00pm-2:00pm</p> 