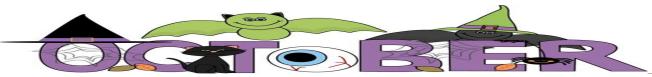
## AHMANSON SENIOR CENTER







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ahmanson Senior Center 3990 Bill Robertson Ln. Los Angeles,CA 90037 213.763.0119 www.laparks.org/expo	IMPORTANT ANNOUNCEMENT  MONTHLY MEMBERSHIP IS REQUIRED TO PARTICIPATE IN SENIOR CLASSES AND EVENTS	1 Self Defense Class 9am  KNITTING &  CROCHETT CLUB  QUILTING CLUB  10am-3pm  Beginner SALSA CLASS  11am-12pm	2 MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm	Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm –2pm Yoga 12pm-1pm African Dance and Drumming 1pm-2pm Book Club 1pm-2:30pm Beginners Spanish 1pm-2:30pm	4
6 Long Beach Aquarium 1:45pm Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	7 MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm  SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	8 Self Defense Class 9am  KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	9 MAMBO MANIA 9:30am-10:30am  English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm	10 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm –2pm Book Club 1pm-2:30pm Beginners Spanish 1pm-2:30pm	11
13 Facility Closed Indigenous People Day	14 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	15 Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	16 MAMBO MANIA 9:30am-10:30am Smart Phone Class iPhone 9am/Android 10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm	17 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm -2pm Yoga 12pm-1pm African Dance and Drumming 1pm-2pm Book Club 1pm-2:30pm Beginners Spanish 1pm-2:30pm	18
20 Computer Class (Beginners) 9:30am-11am  Art Class 10:00am-12:00pm  Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	21 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	22Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm	23 MAMBO MANIA 9:30am-10:30am Smart Phone Class iPhone 9am/Android 10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm held in afterschool room 1st flr main building	24 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Music Class 12pm –2pm Yoga 12pm-1pm Book Club 1pm-2:30pm African Dance and Drumming 1pm-2pm Beginners Spanish 1pm-2:30pm	25
27 Computer Class (Beginners 9:30am-11am  Art Class 10:00am-12:00pm  Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm	28 MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm	29 Self Defense Class 9am-10am Computer Class (Advanced) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm(MRP 2nd fl Beginner SALSA CLASS 11am-12pm	30 MAMBO MANIA 9:30am-10:30am Smart Phone Class iPhone 9am/Android 10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm held in afterschool room 1st flr main building	31 Halloween Party 12pm No Classes	

## AHMANSON SENIOR CENTER



FALL 2025





MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
Computer Class Beginners 9:30 AM - 11AM	MAMBO MANIA 9:30AM-10:30AM English Now(ESL)	Self Defense Class 9:00 AM	Smart Phone Class iPhone 9am Android 10:30am	CREATIVE WRITING 9:00AM –11:00AM
Art Class 10am-12pm	10am-12pm	Computer Class Advanced 9:30 AM - 11AM	English Now (ESL) 10am-12pm	CRAFT CLUB 10:00AM-12:00PM
Beginners Line Dance	SALSA CLASS 11:00AM- 12:00PM	QUILTING 10:00AM-3:00PM	MAMBO MANIA 9:30AM-10:30AM	Book Club 12:30pm– 2:30pm
11am-12pm Line Dance 12:30pm-2:30pm	CIRCUIT TRAINING 11:00AM-12:00PM	KNITTING & CROCHETING 10:00AM-3:00PM	SALSA CLASS 11:00AM– 12:00PM CIRCUIT TRAINING	Music Class 12pm-2pm Beginners Spanish
		BEGINNER SALSA CLASS 11:00AM– 12:00PM	11:00AM-12:00PM	Class 1:00pm-2:30pm
			12:30p-3pm Square Dance	African Dance and Drumming 1:00pm-2:00pm
			7:30pm-9pm	

## **PORTANT** INFORMATION

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Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Your patience at this time is greatly appreciated

Monday, October 6, 2025 Long Beach Aquarium 1:45pm

Friday, October 31,2025 Halloween Party 12pm