

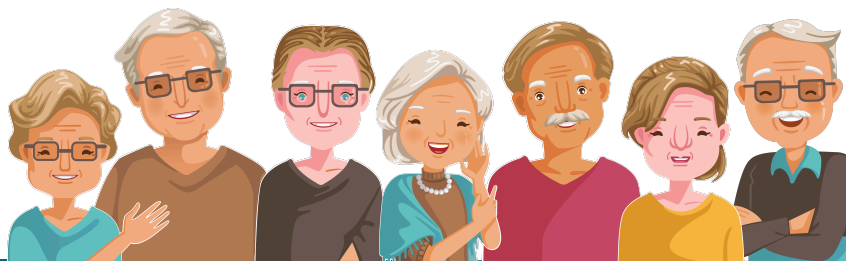
CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

# FELICIA MAHOOD MULTIPURPOSE CENTER

11338 Santa Monica Blvd, LA 90025 | (310)479-4119 | [laparks.org/multipurpose/felicia-mahood](http://laparks.org/multipurpose/felicia-mahood)

## CLASS SCHEDULE

REC & PARKS  
2025



### MONDAY

- 10am** Shakti Naam Chair Yoga
- 10am** Farsi to English Class
- 11am** Beginner English to Farsi Class
- 11am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball
- 1:30pm** Open Play Bridge Card Game  
*\*Call the office for bridge info*

### TUESDAY

- 10am** Farsi Social Hour
- 10-4pm** Women Open Card Play
- 10am** Open Computer Lab
- 11am** Arthritis Foundation Exercise
- 12pm** Beginner English
- 2-4pm** Advanced Memoir Writing

### WEDNESDAY

- 9:30am** Tai Chi (45 minute class) - 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesday of the month
- 11am** Up & Active Exercise
- 10am** Beginner English

### THURSDAY

- 9:30am** Ultra-Beginner Line Dancing
- 10am** Zumba
- 10-1pm** Sewing Lap Robes
- 10-4pm** Women Open Card Play
- 10am** Open Computer Lab
- 11am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball

### FRIDAY

- 11am** ESL Writing
- 1-3pm** Open Play Pickleball

### MONDAY-FRIDAY

- 10-4pm** Men Open Card Play
- 1-3pm** Open Play Card/Board Games
- 11:30-1pm** JFS Lunch Program (60+)  
*\*\$3.00 suggested donation*  
*\*JFS Transportation to FM available by request at (323) 556-2927*

***\*All classes are 1 hour long unless listed otherwise\****



## CLASS PASS

**\$10/MONTH FOR ALL CLASSES**  
**CLASSES ARE FOR ADULTS 50+**

\*CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS CAN BE MADE WITH PRIOR ARRANGEMENT.

