

Caregiving Educational Series

For family members caring for an aging relative

Every Third Wednesday at 3:00 PM

(Unless otherwise noted)

Attend In-Person or on Zoom

UPCOMING DATES & TOPICS

August 20

Caregiving 101

by Monica Moore, Mary S. Easton Center, UCLA

Learn about resources available, communication skills, navigating family dynamics, how to take care of yourself, and more!

September 17

Medical Benefits Explained

by Center for Healthcare Rights

Understanding Medicare and Medicaid, managing medical care, resources for paying for caregivers and medical supplies, etc.

October 22

Legal Planning for Caregivers

by Gayle Tamler, Attorney, Bet Tzedek

Get the most up to date information on wills, trusts, power of attorney, advanced healthcare directives, etc.

November 19

Caring for a Family Member at Home

by Steven Barlam, MSW, LCSW, CMC, Chief Executive Officer, JFS Care

Hiring a caregiver, adult day care, home delivered meals, transportation, etc.



December 17:

Financial Planning for Caregivers

January 21:

Placement in Facilities

February 18:

Dementia Care

March 26:

Hospice and End of Life Care

Jona Goldrich Multipurpose Center

330 N. Fairfax Ave., Los Angeles, CA 90036

All talks are free of charge.

**RSVP: Kimiko Kelly at kkelly@jfsla.org
or 323-556-2919**

JEWISH FAMILY SERVICE LA

Jona Goldrich Multipurpose Center

Funding generously provided by
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