



# GOOD SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY: BE A GOOD SPORT

## PARENT / GUARDIAN CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as a Parent of a child participating in the Department of Recreation and Parks Sports Program by following the Parent's Code of Conduct.

1. I will place the emotional and physical well-being of the children above any personal desire to win. I will help my child understand the valuable lessons sports can teach.
2. I will be a role model of good sportsmanship and character. I will help my child meet his/her responsibilities to the coach and the team.
3. I will do my best to make sure that the game is fun for all participants.
4. I will lead by example in demonstrating fair play and sportsmanship to all participants. I will treat participants, coaches, recreation administrators, and the public with respect.
5. I will help maintain a sports environment for all participants that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
6. I will make only positive and encouraging comments to players on both teams. I will not interfere or coach from the stands.
7. I will remember to not take the game or myself too seriously.
8. I will strive to create a positive recreation experience for everyone involved in the activity.
9. I will remember that I am a youth sports parent, and that the game is for children and not adults. Accordingly, I will encourage my child to play sports by providing a supportive atmosphere, but not pressure.

I understand that the penalties for not adhering to this Code of Conduct may range from a verbal warning to expulsion from the activity.

**I will demonstrate good sportsmanship at all times.**

## ATHLETE'S CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as an Athlete participating in the Department of Recreation and Parks Sports Program by following the Athlete's Code of Conduct.

1. I will play by the rules and never argue or complain about the official's decisions.
2. I will be a role model of good sportsmanship and character. I will meet my responsibilities to the coach and the team.
3. I will play for the fun of it, and do my best to make sure that the game is fun for all participants.
4. I will demonstrate fair play and sportsmanship. I will treat participants, coaches, recreation administrators, and the public with respect as I would like to be treated.
5. I will refrain from the use of alcohol, drugs, or tobacco at all youth sports events.
6. I will make only positive and encouraging comments to players on both teams. I will be a good sport by cheering all good plays, cooperating with my coaches, teammates, opponents and officials.
7. I will remember that the goals of the game are to have fun, improve skills and feel good about playing. I will not take the game or myself too seriously. I will control my temper.
8. I will work equally hard for the team as for myself, and will always give my best effort.
9. I will remember that I am a youth sports player, and that the game is for my enjoyment and my skill improvement. As a player, I have rights and I have responsibilities.
10. I will demonstrate good sportsmanship.

*I understand that the penalties for not adhering to this Code of Conduct may range from a verbal warning to expulsion from the activity.*

**I will demonstrate good sportsmanship at all times.**

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PARENT SIGNATURE      FERNANGELES RECREATION CENTER      \_\_\_\_\_  
FACILITY      DATE

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ATHLETE'S SIGNATURE      FERNANGELES RECREATION CENTER      \_\_\_\_\_  
FACILITY      DATE