



Glassell Park Senior Center
3750 Verdugo Rd, Los Angeles CA91006



Tai Chi Qi Gong

with instructor
Alfonso



Thursdays- 2:00pm-3:00pm

Saturdays- 9:00am-10:00am

Cost is \$5 per month

FULL REFUNDS WILL NOT BE GIVEN UNLESS CLASS IS CANCELLED BY THE CENTER.
A 15% ADMINISTRATIVE FEE WILL BE ADDED TO ALL REFUNDS.
PROGRAMING SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT.