SEASONAL SPORTS LEAGUES

WINTER
GPLA Basketball
CO REC Basketball

SPRING
GPLA Softball
CO REC Baseball

SUMMER
Summer Night Lights Sports

FALL
Flag Football
GPLA Soccer
CO REC Soccer
GPLA Volleyball

“Achieving gender equity through a continuous commitment to girls and women in sports.”

GOOD SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY! Be a good sport.

PERSONS WITH DISABILITIES
Are welcome in our programs. Reasonable accommodations will be made with prior arrangement.

HOURS OF OPERATION
MONDAY – FRIDAY 10:00 a.m. – 9:00 p.m.
SATURDAY 10:00 a.m. – 5:00 p.m.
SUNDAY Open by Permit Only

“Payment by Check or Money Order Only” and “A Collection Fee will be charged for each check returned by the Bank”.

PROGRAMS CALENDAR

<table>
<thead>
<tr>
<th>TYPE OF PROGRAM</th>
<th>REGISTRATION BEGINS</th>
<th>Program STARTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring Sports</td>
<td>Feb. 1, 2020</td>
<td>April. 13, 2020</td>
</tr>
<tr>
<td>Spring Classes</td>
<td>March 2, 2020</td>
<td>April 13, 2020</td>
</tr>
<tr>
<td>Spring Camp</td>
<td>Mar. 2, 2020</td>
<td>Apr. 6, 2020</td>
</tr>
<tr>
<td>Summer Camp</td>
<td>May 4, 2020</td>
<td>June 15, 2020</td>
</tr>
</tbody>
</table>

(Dates subject to change)

Refund policy: “Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds. Changes or transfers per class, sports league or day camp registration maybe assessed additional fees. After the first day of a session, the Recreation Center issues a partial refund to patrons withdrawing from the activity”.

TELEPHONE NUMBERS

Aquatic Headquarters 323.906.7953
Council District 14 213.473.7001
Camping Section 213.644.6220
Film Permit Office 213.977.8600
Municipal Sports Office-City Wide Leagues 818.246.5613
Office of Public Safety 213.978.4670
Non-Emergency 311
Hollenbeck Police Station 323.342.4100

Online Registration

Instructions

1. Visit reg.laparks.org
2. Create an account
3. Register for an activity
4. Click activity search criteria & choose Hazard RC
5. Add activities to your cart
6. Proceed to check out
7. Registration forms must be completed and turned into the office on or before first day of program

FACILITY CLOSED ON ALL CITY OBSERVED HOLIDAYS

SPRING CITY CLOSURE DATES

February 17 – Presidents Day
March 30 - Cesar Chavez
May 25 - Memorial Day
July 3 - Independence Day
CLASS SCHEDULE

VOLLEYBALL CLINIC $10.00/8 week session
Clinic Location: GYM

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>5:00pm-6:00pm</td>
<td>8-10</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>6:00pm-7:00pm</td>
<td>11-15</td>
</tr>
</tbody>
</table>

TENNIS $10.00/8 week session
Class Location: Tennis Courts

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesdays</td>
<td>3:00pm-4:00pm</td>
<td>5-8</td>
</tr>
</tbody>
</table>

MORNING WALKING CLUB FREE/8 week session
Class Location: varies around park

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays &amp; Thursdays</td>
<td>11:15-12:00pm</td>
<td>18+</td>
</tr>
</tbody>
</table>

BAKING $10.00/8 week session
Class Location: Kitchen and classroom

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesdays</td>
<td>4:00-5:00pm</td>
<td>18+</td>
</tr>
</tbody>
</table>

Arts & Crafts $10.00/8 week session
Class Location: Classroom

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>4:00pm-5:00pm</td>
<td>5-12</td>
</tr>
</tbody>
</table>

Scrapbooking $10.00/8 week session
Class Location: Classroom

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursdays</td>
<td>4:00pm-5:00pm</td>
<td>5-8</td>
</tr>
</tbody>
</table>

Crochet & Coffee $FREE/8 week session
Class Location: Classroom

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays &amp; Thursdays</td>
<td>5:00pm-6:00pm</td>
<td>11+</td>
</tr>
</tbody>
</table>

*Classes and programs in this brochure are subject to change or cancellation without prior notice*
Trojans ADELANTE
(Formerly known as ADELANTE/MOVE FORWARD)
FREE Exercise Classes and Wellness Activities for people of All Ages and Abilities!

Join Us on
FRIDAYS*
12 PM - 1 PM
@ HAZARD PARK Gym
2230 Norfolk St. Los Angeles, CA 90033
(across from Keck Hospital’s Gold Lobby)

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 24</td>
<td>Foam Roller</td>
<td>Have fun with a simple piece of equipment that can provide you with multiple ways to exercise</td>
</tr>
<tr>
<td>January 31</td>
<td>Meditation &amp; Basic Yoga for Beginners</td>
<td>Practice meditation techniques to calm the mind; stretch and stimulate healthy energy in your body</td>
</tr>
<tr>
<td>February 7</td>
<td>Kung Fu</td>
<td>Kung Fu exercise can help to improve your posture, balance, and strength</td>
</tr>
<tr>
<td>February 14</td>
<td>Walk it Off</td>
<td>Walking is a great way to get the heart pumping, boost energy and lower stress. Let's get moving!</td>
</tr>
<tr>
<td>February 21</td>
<td>Lymphedema Exercise</td>
<td>Exercise to stimulate your lymphatic circulation and learn how to reduce your risk of lymphedema</td>
</tr>
<tr>
<td>February 28</td>
<td>Circuit Fun</td>
<td>Strengthen different muscles of your body one at a time and in a shorter amount of time</td>
</tr>
</tbody>
</table>

* Schedule is subject to change without notice. Classes are offered rain or shine, as they take place indoors, unless stated otherwise.

Questions? please call us at 323-442-7801

Keck Medicine of USC
USC Norris Comprehensive Cancer Center
Keck School of Medicine of USC
USC Division of Biokinesiology and Physical Therapy

Revised: January 17, 2020
HAZARD PARK RECREATION CENTER

SPRING BREAK CAMP

Registration Starts March 9th
AGES: 5 - 12YRS
CAMP HOURS: 9:00AM - 4:00PM
CAMP REGISTRATION: $70
EXTENDED CARE HOURS 7:30AM-6:00PM
EXTENDED CARE PRICE: $20
Dates: April 6-10, 2020

JOIN US FOR SPRING CAMP AND ENJOY CRAFTS, SPORTS, GAMES, AND MORE!

HAZARD RECREATION CENTER, 2230 NORFOLK ST., LOS ANGELES, CA 90033
TEL. (213) 485-6839 WEBSITE: HTTP://WWW.LAPARKS.ORG/RECCENTER/HAZARD

THE FINE PRINT

- NO FULL REFUNDS WILL BE ISSUED UNLESS CAMP IS CANCELLED BY CENTER. A 15% ADMINISTRATIVE FEE WILL APPLY TO ALL REFUNDS. ALL REFUND REQUEST MUST BE SUBMITTED IN WRITING ONE WEEK BEFORE START OF REGISTERED CAMP WEEK. NO REFUNDS WILL BE ISSUED AFTER CAMP WEEK HAS STARTED.

- REGISTRATIONS ARE TAKEN ON A FIRST-COME, FIRST-SERVED BASIS. ONLINE/WALK-IN SIGN UPS BEGIN MONDAY, MARCH 9. COMPLETED REGISTRATION FORMS MUST BE ACCOMPANIED BY A COMPLETED EMERGENCY CARD.

- CAMPERS MUST WEAR TRIP SHIRT DAILY.

- CAMPERS MUST BRING A LUNCH DAILY. SNACK WILL BE PROVIDED BY HAZARD PARK CAMP.

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.

ALL INFORMATION ON FLYER SUBJECT TO CHANGE OR CANCELLATION.
# Universal Play

**Hazard Recreation Center**

**Spring Youth Soccer 7 on 7**

- **Ages determined as of January 1, 2020**

**Payment by Cash, Check/Money Order Payable to: City of LA, Visa/Mastercard Accepted**

**No Refunds Will Be Granted Unless Program Is Cancelled**

All games to be played at Downey Recreation Center’s New Turf Field

### Soccer Costs

<table>
<thead>
<tr>
<th>Division</th>
<th>Year of Birth</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Little Kickers</td>
<td>2015-2016</td>
<td>$10</td>
</tr>
<tr>
<td>Rookies</td>
<td>2013-2014</td>
<td>$10</td>
</tr>
<tr>
<td>Pee Wees</td>
<td>2011-2012</td>
<td>$10</td>
</tr>
<tr>
<td>Minors</td>
<td>2009-2010</td>
<td>$10</td>
</tr>
<tr>
<td>Majors</td>
<td>2007-2008</td>
<td>$10</td>
</tr>
</tbody>
</table>

### Girls Soccer

- **Girls Play Los Angeles (GPLA)**

<table>
<thead>
<tr>
<th>Division</th>
<th>Year of Birth</th>
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<tr>
<td>Pee Wees</td>
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<tr>
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<td>2007-2008</td>
<td>$10</td>
</tr>
</tbody>
</table>

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**Hazard Recreation Center**

2230 Norfolk Avenue | CA 90033  | (213) 485-6839

HAZARDPARK.RECREATIONCENTER@LACITY.ORG

FOLLOW US ON INSTAGRAM
@HAZARD.RECREATIONCENTER

Person with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. All information subject to change.
Hazard Recreation Center

2230 Norfolk Street LA, CA 90033 - Phone: (213) 495-6839
Email: HazardPark.RecreationCenter@lacity.org
Website: http://www.laparks.org/reccenter/Hazard

BASEBALL

REGISTER NOW!!
Opening Day: April 18, 2020

SOFTBALL

<table>
<thead>
<tr>
<th>Division</th>
<th>Fee</th>
<th>Year of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minors</td>
<td>$10</td>
<td>2009-2010</td>
</tr>
<tr>
<td>Majors</td>
<td>$10</td>
<td>2008-2007</td>
</tr>
<tr>
<td>Juniors</td>
<td>$10</td>
<td>2006-2004</td>
</tr>
</tbody>
</table>

All information in this brochure subject to change or cancellation without prior notice.
AGES 5-12

Monday - Friday

- $20 One time Registration fee per child.
- $20/week
- $45/month (some months will have price change)
- DROP OFFS allowed 3:00 - 6:00PM
- Homework assistance
- Crafts, games, sports

Important Notes:

⇒ After School Program will be closed on City Holidays.
⇒ The After School Program will pick up children from Murchison Elementary, and Santa Teresita.
⇒ Price based on weekly or monthly enrollment and not prorated for absences or missed days.
⇒ Children must be picked up by 6pm or at the end of the last class for the day. Children not picked up on time will be charged a late fee.

AFTERSCHOOL PROGRAM FOLLOWS LAUSD CALENDAR

CLASS PARKS TEEN CLUB

We provide a safe place for teens to hangout and participate in many different activities. We offer homework assistance, sports games, arts & crafts, computer time and Friday Night Extreme Teens.

Teen Club also participates in Community Service projects all around the City of Los Angeles. Field Trips are also available to Dodger Games, Kings Hockey, Clipper Basketball, Museums, Nature Hikes, Amusement Parks, Beach trips and cultural events.

Teen Club is run by a Point System. In every program that a teen participates in during the month they earn points. The top seven point earners get to go on the field trips. Points can also be earned by having good grades in school and showing the report card to a staff member.

Points can also be taken away if a teen club member does not follow the rules of the Recreation Center.

Hazard Park Teen Club is here to provide a youth program with structure and discipline in order to help the teens in our community succeed in school and life.
City of Los Angeles Department of Recreation and Parks

Hazard Recreation Center
2230 Norfolk Street, Los Angeles CA 90033: (213)485-6839

spring Egg Hunt
Health & Safety Fair

Saturday
April 4, 2020

FREE EVENT

EGG HUNT
1:30PM

Don't forget your hunting basket

Event Location:
OUTDOOR PARKING LOT & FIELD

Event Time:
11:00am-2:00pm
Egg Hunt begins at 1:30pm

All information on flyer subject to change.
Supplies are limited.

Children will enjoy participating in a variety of spring themed activities including;
a moon bounce, arts & crafts, face painting, information booths, prizes, egg hunt, and a chance to
get more information about our community center programs and classes we offer!

“Persons with disabilities are welcomed to participate in our programs,
Reasonable accommodations will be made with prior arrangements.”
"Participation in fitness classes involves varying degrees of accidental injury risks. The City of Los Angeles Department of Recreation and Parks (RAP) is not responsible for any injury to any person suffered while warming up or participating in exercise and fitness classes for any reason whatsoever. Each adult participant certifies upon registration that he/she is physically capable of participating in a class. Parents and/or legal guardians are solely responsible for ensuring participants who are their legal minors are physically capable of participating in a class. RAP recommends that every participant speak with a physician and receive a physical prior to participating in any exercise and fitness class."

Field and Picnic Reservations for Hazard Park require a permit fee & application to be filled out and approved through the office at least 2 weeks in advance. For pricing and availability, please contact the office.