



**PARK PROUD LA**

**Eric Garcetti**  
Mayor

**Kevin De Leon**  
Council Member, 14<sup>th</sup> District

**RECREATION AND PARKS COMMISSIONERS**

Sylvia Patsouras, President  
Lynn Alvarez, Vice President  
Nicole Chase, Tafari Bayne, Joseph Halper, Members

**RECREATION AND PARKS ADMINISTRATION**

\_\_\_\_\_, General Manager  
Anthony-Paul (AP) Diaz, Esq., Executive Officer & Chief of Staff  
Jimmy Kim, Assistant General Manager, Recreation Services

**Metro Region**

Anita Meacham, Superintendent  
Chinyere Stoneham, Principal Recreation Supervisor II  
Ramon Cerrillos, Principal Recreation Supervisor I  
Sharon Nishihara, Recreation Supervisor – North District

**HIGHLAND PARK REC. CENTER & ADULT CENTER CLUSTER**

Senior Director.....Elizabeth Narvaez  
Recreation Coordinators..... Edward Ocampo, Heidi Jimenez  
Senior Center Coordinator.....Wayne Jong  
Recreation Assistants.....A. Zimmerle, J. Guzman, M. Chong, M. Garbiel  
.....A. Lopez, C. Duran, C. Lau, A. Verde, D. Guzman  
Grounds Caretaker.....Sandra Martinez

Pursuant to City of Los Angeles Ordinance No. 187219, beginning Monday, November 29, 2021, PROOF OF COVID-19 VACCINATION will be required for individuals eligible for COVID vaccination to enter all indoor LA Park facilities

“The City of Los Angeles ordinance requires City owned buildings and facilities to adhere to the highest standards for public and employee safety. Proof of full vaccinations has been deemed the best way to operationally implement that section of the ordinance so we can ensure the safest public use of indoor spaces for both public members and employees working at our sites and facilities.”

**CITY OF LOS ANGELES**  
Department of Recreation and Parks

**Metro Region –North District**

**HIGHLAND PARK  
SENIOR CITIZEN CENTER**

**6152 N. Figueroa St • Los Angeles, CA 90042**  
**Phone: 323-256-6867**

Email: [highlandpark.seniorcenter@lacity.org](mailto:highlandpark.seniorcenter@lacity.org)  
Website: [www.laparks.org](http://www.laparks.org)

**2022**

**Summer Program**

**July August September**

**Creating Community through People, Parks and Programs**

The classes and programs in this brochure may be subject to cancellation

\*Covid Waiver MUST be signed in order to participate  
Activities and programs may be subject to cancellation.

## SENIOR CENTER HOURS

Monday – Friday            9:00 a.m. – 4:00 p.m.  
Saturday                    Closed  
Sunday                        Closed

\*Facility closed on Saturdays, Sundays and All City Holidays Unless Permitted

Monday, July 04, 2022 – Independence Day  
Monday, September 05, 2022 - Labor Day

## WEEKLY SCHEDULE

### **Monday ● Lunes**

9:30 a.m. – 10:30 a.m.....**Exercise Class**  
1:00 p. m.-3:00pm.....**Open Social Time Class**

### **Tuesday ● Martes**

9:00 a.m. – 2:00 p.m.....**Advanced Art Class**  
*Basic Drawing.....Water Coloring.....Oil Painting*  
9:00 a.m. – 10:00 a.m.....**Gardening Class**  
1:00 p.m. – 3:00 p.m.....**Movie Class**

### **Wednesday ● Miercoles**

9:30 a.m. – 10:30 a.m. ....**Exercise Class**  
**11:00 a.m.-12:00 p.m.....Grab and Go Lunch**  
11:00 p.m. – 2:00 p.m.....**B&B Social Class**

### **Thursday ● Jueves**

10:00 a.m. -11:30 a.m..... **Yoga and Stretch / Relaxation Class**  
12:00 p. m. – 1:30 p. m. ....**Chair Yoga Class**  
9:00 a.m. – 10:00 a.m.....**Gardening Class**

### **Friday ● Viernes**

9:30 a.m. – 11:30 a.m..... **Bingo Class (.25 per card) - 6 Card Limit**  
10:00 a.m. – 12:00 p.m..... **Crochet and Knitting Class**

*Persons with disabilities are welcome to participate in our classes and programs.  
Reasonable accommodations will be made with prior arrangements*

## LUNCH PROGRAM INFORMATION

### **Grab & Go Meal Program**

Pick up once a week, every Wednesday from 11:00am-12:00pm  
Presented by MAOF Senior Services Program **(323) 473-9851**

For Seniors ages 60+            \*Please call to Register

### **Senior Nutrition Program ( Coming soon...)**

9:30am-1:30pm / Lunch Served at 11:30am - First Come First Serve  
Sign-In Begins at 10:00am            Donation \$2.00

## TRANSPORTATION INFORMATION

Cityride: (323) 666-0895

Taxi Cab Service / L.A. Taxi: (323) 221-0004

Independent Taxi: (800) 521-8294

Access Services, Inc.: (800) 827-0829 or (877) 640-3278

**MAOF (TAP) Transportation Assistant Program: (323) 526-9344**



Operates 7 days a week Specialized Transportation Service  
offered to Disabled Individuals.



## Referral Numbers

14<sup>th</sup> Council District, Councilman Kevin De Leon..... (323) 254-5295  
1<sup>st</sup> Council District, Councilman Gil Cedillo..... (213) 304-3889  
1<sup>st</sup> District County Supervisor, Hilda Solis.....(213) 974-4111  
Department of Aging.....311 or (800) 510-2020  
LAPD-Northeast Police Division.....(323) 344-5701  
Arroyo Seco Library .....(323) 255-0537  
Bet Tzedek Legal Assistance .....(323) 939-0506  
Social Security (24-hour service).....(800) 772-1234  
Mexican American Opportunity Foundation (MAOF)...(323) 890-9600  
Boyle Heights Senior Center .....(323) 264-5757  
Eagle Rock Recreation Center .....(323) 257-6948  
Glassell Park Senior Center.....(323) 550-8809  
Highland Park Recreation Center .....(213) 847-4875  
El Sereno Senior Center.....(323) 222-2040  
Lincoln Heights Senior Center .....(323) 225-9339  
Montecito Heights Senior Center .....(213) 485-8550  
Yosemite Recreation Center .....(323) 257-1644  
Metro Region Headquarters.....(213) 485-1310  
50 + Senior Section.....(213) 485-7512

