CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
CITYWIDE AQUATICS DIVISION

HIGHLAND PARK
SWIMMING POOL
6105 Piedmont Ave.
Los Angeles, CA 90042
(323) 257 – 5924

SUMMER 2019
POOL HOURS
"Times subject to change without notice"

OPENING DAY, June 8
Saturday ............................... 1:00 p.m. - 5:00 p.m.
June 9 – June 15
M-F Recreational Swim........... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday .............. 1:00 p.m. - 5:00 p.m.
June 16 – August 17
M-F Recreational Swim........... 2:00 p.m. - 6:00 p.m.
.............................................. 3:00 p.m. - 7:00 p.m.
Saturday & Sunday .............. 1:00 p.m. - 5:00 p.m.
August 18 – September 2
M-F Recreational Swim........... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday .............. 1:00 p.m. - 5:00 p.m.

Holiday hours
Independence Day,
Thursday, July 4 ................. 1:00 p.m. - 5:00 p.m.
Labor Day, Monday, Sept. 2. 1:00 p.m. - 5:00 p.m.

POOL RULES
For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are final.

• Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm’s length of the child at all times.
• Children under 4 years of age must wear an approved "swim diaper."
• All swimmers must wear proper swim attire to be allowed into the pool.
• Proper swim attire includes a swimsuit or swim trunks with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
• White t-shirt or white rash-guards are not allowed in the pool area.
• The consumption and storage of food/drinks is not allowed on the pool deck, with the exception of water in non-breakable containers.
• No refunds on admission, an Admission Voucher will be issued.
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• White t-shirt or white rash-guards are not allowed in the pool area.
• All patrons must take a soap shower before entering the pool.
• Patrons wishing to swim in the deep water section of the pool will be asked to complete a swim test to assess swimming proficiency.
• Do not interfere with a lifeguard rescue or call for help unless in distress.
• The consumption and storage of food/drinks is not allowed on the pool deck, with the exception of water in non-breakable containers.
• No refunds on admission, an Admission Voucher will be issued.

PLEASE SEE STAFF TO REQUEST ASSISTANCE

AQUATIC FACILITY INFORMATION, FEES AND RULES

<table>
<thead>
<tr>
<th>ADMISSION FEES</th>
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</thead>
<tbody>
<tr>
<td>ADULTS (18 – 49 YRS OLD)</td>
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<tr>
<td>YOUTH (0 – 17 YRS OLD)</td>
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<tr>
<td>OLDER ADULTS (50 &amp; UP YRS OLD)</td>
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<tr>
<td>PERSONS WITH DISABILITIES (All ages)</td>
</tr>
<tr>
<td>ADULT LAP PASS - $88.00 (30 Entries)</td>
</tr>
<tr>
<td>YOUTH, OLDER ADULTS, PERSONS W/ DISABILITIES ADMISSION PASS - $25.00 (30 Entries)</td>
</tr>
<tr>
<td>YOUTH SUMMER SWIM PASS - $10.00 (Unlimited entry, May 27 – September 2)*</td>
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*S Fees subject to change

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SPONSORSHIPS & SCHOLARSHIPS

The LA84 Foundation (a legacy of the 1984 Olympic Games) has provided a limited number of team sports sponsorships for community youth between 7 and 17 years of age. Sponsorships are issued on a first come, first served basis for NOVICE SWIM TEAM, DIVING TEAM, and ARTISTIC SWIM TEAM ONLY.

One LA84 sponsorship per participant.

SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first served basis.

*One KP Jr LG sponsorship per participant.

Kaiser Permanente Sponsorships for SWIM LESSONS and JUNIOR LIFEGUARD PROGRAM* are available on a first come, first served basis.

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

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Sign up at www.SWIMLA.org or in person at designated local pools.
PRIVATE & SEMI-PRIVATE LESSONS
(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS
Adult, Child, Senior, Adaptive
1 Private Lesson: $27.00, 4 Private Lessons = $108.00

SEMI-PRIVATE LESSONS (2 Students only)
Adult, Child, Senior, Adaptive
$20.00 Per lesson per student x 2 students = $40.00
4 Lessons = $160.00

GROUP LESSON REGISTRATION INFORMATION
YOUTH - $30.00  ADULT - $30.00

- Online and In-person registration available
- Online registration limited to 5/lesson
- Make checks payable to:
  L.A. City Department of Recreation and Parks
- No refunds unless a class is canceled.
- All refunds will be assessed an administration fee.
- Lessons are 25 minutes in length.
- A swim assessment may be required prior to registration.
- Fees must be paid at the time of registration.
  NO EXCEPTIONS.

MONDAY – FRIDAY
Session 1 Registration begins Saturday, June 15, at 5:00 a.m.
Session 2-5 Registration Saturday after end of previous session at 9:00 a.m.

SATURDAY & SUNDAY
Session 1 Registration Saturday, June 15 at 9:00 a.m.
Session 2 Registration: Last day of session 1

GROUP LESSON SESSIONS
MONDAY THROUGH FRIDAY
10 Lessons/2 weeks | YOUTH/ADULT

Session 1 ..................June 17 - June 28
Session 2 ..................July 1 - July 12
Session 3 ..................July 15 - July 26
Session 4 ..................July 29 - Aug 9

(Late Afternoon Lessons ONLY)
Session 5 ..................Aug 12 - Aug 23

SATURDAY & SUNDAY
8 Lessons/4 weeks | ADAPTIVE

Session 1 ..................June 22 - July 14
Session 2 ..................July 20 - Aug 11

LESSON CATEGORIES & REQUIREMENTS

Preschool Aquatics: 4 yrs. – 6 yrs.
Children: 7 yrs. – 17 yrs.
Adult: 18 & older

Preschool Aquatics (Level 1 to 3) – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) – Participants learn alternating kick actions including combined arm and leg actions on front and back and swimming in chest-deep water.

Advanced Beginner (Level 3) – Participants learn advanced skills such as swimming underwater in water and front and back crawl, elementary backstroke.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine their performance of all six swimming strokes.

GROUP LESSONS SCHEDULE

Sessions 1 – 2
Preschool Aquatics | Mon - Fri 10:00 a.m. - 10:25 a.m.
Water Confidence | Mon - Fri 10:00 a.m. - 10:25 a.m.
Intermediate | Mon - Fri 10:00 a.m. - 10:25 a.m.
Water Confidence | Mon - Fri 10:30 a.m. - 10:55 a.m.
Beginner | Mon - Fri 10:30 a.m. - 10:55 a.m.
Adv. Beginner | Mon - Fri 10:30 a.m. - 10:55 a.m.
Water Confidence | Mon - Fri 11:00 a.m. - 11:25 a.m.
Beginner | Mon - Fri 11:00 a.m. - 11:25 a.m.
Adv. Beginner | Mon - Fri 11:00 a.m. - 11:25 a.m.
Preschool Aquatics | Mon - Fri 11:30 a.m. - 11:55 a.m.
Beginner | Mon - Fri 11:30 a.m. - 11:55 a.m.
Adv. Beginner | Mon - Fri 11:30 a.m. - 11:55 a.m.

Preschool Aquatics | Mon - Fri 12:00 p.m. - 12:25 p.m.
Intermediate | Mon - Fri 12:00 p.m. - 12:25 p.m.
Water Confidence | Mon - Fri 12:30 p.m. - 12:55 p.m.
Beginner | Mon - Fri 12:30 p.m. - 12:55 p.m.
Adv. Beginner | Mon - Fri 1:00 p.m. - 1:25 p.m.
Adv. Beginner | Mon - Fri 1:00 p.m. - 1:25 p.m.
Preschool Aquatics | Mon - Fri 1:30 p.m. - 1:55 p.m.
Beginner | Mon - Fri 1:30 p.m. - 1:55 p.m.
Swimmers | Mon - Fri 3:00 p.m. - 3:25 p.m.
Beginner | Mon - Fri 3:30 p.m. - 3:55 p.m.
Adv. Beginner | Mon - Fri 4:00 p.m. - 4:25 p.m.
Video Confidence | Mon - Fri 4:30 p.m. - 4:55 p.m.
Beginner | Mon - Fri 5:00 p.m. - 5:25 p.m.
Adv. Beginner | Mon - Fri 5:30 p.m. - 5:55 p.m.
Intermediate | Mon - Fri 6:00 p.m. - 6:25 p.m.
Preschool Aquatics | Mon - Fri 6:30 p.m. - 6:55 p.m.

ADULT LESSONS
Adult | Mon - Fri 6:30 p.m. - 6:55 p.m.

ADAPTIVE LESSONS
Adaptive | Mon - Fri 6:00 p.m. - 6:25 p.m.
Adaptive | Sat & Sun 1:00 p.m. - 1:25 p.m.
Adaptive | Sat & Sun 1:30 p.m. - 1:55 p.m.

Sessions 3 – 4
Please see pool clerk for details

Session 5
Intermediate | Mon - Fri 4:00 p.m. - 4:25 p.m.
Adv. Beginner | Mon - Fri 4:30 p.m. - 4:55 p.m.
Adaptive | Mon - Fri 5:00 p.m. - 5:25 p.m.
Adult | Mon - Fri 5:30 p.m. - 5:55 p.m.
Adv. Beginner | Mon - Fri 6:00 p.m. - 6:25 p.m.
Intermediate | Mon - Fri 6:00 p.m. - 6:25 p.m.
Beginner | Mon - Fri 6:30 p.m. - 6:55 p.m.
Preschool Aquatics | Mon - Fri 6:30 p.m. - 6:55 p.m.

*The classes and programs in this brochure may be subject to change/cancellation*