

City of Los Angeles Department of Recreation and Parks

Hollenbeck Recreation Center



MARTIAL ARTS CLASSES

CLASS	DAY	TIME	AGES	FEE	INSTRUCTOR
BEGINNING KARATE	MON	5:30PM TO 6:30PM	3-10	\$10	JOSE ROSAS
BEGINNING KARATE	WED	5:30PM TO 6:30PM	3-10	\$10	JOSE ROSAS
INTERMED. KARATE	MON	6:30PM TO 7:30PM	9-17	\$10	JOSE ROSAS
INTERMED. KARATE	WED	6:30PM TO 7:30PM	9-17	\$10	JOSE ROSAS
BEGINNING JUDO	SAT	12:30PM TO 1:30PM	5-15	\$10	MARLON GARCIAS
INTERMED. JUDO	SAT	1:30PM TO 2:30 PM	5-15	\$10	MARLON GARCIAS
KICKBOXING FUNDAMENTALS	THURS	6:30 PM TO 7:30 PM	5-17	\$10	STAFF
CARDIO KICKBOXING	THURS	7:30 PM TO 8:30 PM	5-17	10	STAFF

IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (3232610113), OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE. . ACTIVITY DATES AND FEES MAY BE SUBJECT TO CHANGE AND/OR CANCELLATION.

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details.

Registration Starts 12/8/2025

Start 1/12/2026

End after 8 sessions

SCAN HERE TO REGISTER



hollenbeck.recreationcenter@lacity.org

323-261-0113

@hollenbeck_rc

LaCityParks.org

LaCityParks

Come play with us on

