City of Los Angeles Department of Recreation and Parks

Hollenbeck Recreation Center

Office (323)261-0113

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Email: hollenbeck.recreationcenter@lacity.org ~ www.laparks.org



MARTIAL ARTS CLASSES

CLASS	DAY	TIME	AGES	FEE	INSTRUCTOR
BEGINNING KARATE	MON	5:30PM TO 6:30PM	3-10	\$10	JOSE ROSAS
BEGINNING KARATE	WED	5:30PM TO 6:30PM	3-10	\$10	JOSE ROSAS
INTERMED. KARATE	MON	6:30PM TO 7:30PM	9-17	\$10	JOSE ROSAS
INTERMED. KARATE	WED	6:30PM TO 7:30PM	9-17	\$10	JOSE ROSAS
BEGINNING JUDO	SAT	12:30PM TO 1:30PM	5-15	\$10	MARLON GARCIAS
INTERMED.JUDO	SAT	1:30PM TO 2:30 PM	5-15	\$10	MARLON GARCIAS
KICKBOXING FUNDAMENTALS	THURS	6:30 PM TO 7:30 PM	5-17	\$10	ALICIA PRIETO
CARDIO KICKBOXING	THURS	7:30 PM TO 8:30 PM	5-17	10	ALICIA PRIETO









Registration Starts 9/8/2025 8 weeks Play LA Classes Start 10/6/2025 End after 8 sessions









ACHIEVE GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS. IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (FACILITY PHONE NUMBER HERE), OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. PAYMENT IN CASH, VISA, MASTERCARD, CHECK OR MONEY ORDER. A COLLECTION FEE WILL BE CHARGED FOR EACH CHECK RETURNED BY THE BANK. FULL REFUNDS WILL ONLY BE ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. A 15% CANCELLATION FEE APPLIES FOR ALL REFUNDS. HOLLENBECK RECREATION CENTER RESERVES THE RIGHT TO CANCEL, CHANGE, OR SUBSTITUTE PROGRAMS OR ACTIVITIES AS LISTED IN THIS FLYER WHEN NECESSARY. FULL REFUNDS ARE ONLY GIVEN IF HOLLENBECK RECREATION CENTER CANCELS A CLASS OR PROGRAM. THERE WILL BE NO REFUNDS AFTER THE PROGRAM HAS BEGUN UNLESS A CLASS OR SPORTS LEAGUE IS CHANGED OR CANCELLED BY THE RECREATION CENTER.