

CITY OF LOS ANGELES • DEPARTMENT OF RECREATION
AND PARKS

Hollenbeck Recreation Center

415 S. St. Louis Street, Los Angeles, CA, 90033 Phone: (323) 261-0113

Email: hollenbeck.recreationcenter@lacity.org Website: www.laparks.org



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PARK PROUD LA

Fall 2022 SCHEDULE OF CLASSES
Youth & Adult Classes

Registration Starts August 13, 2022

No Classes on 10/10, 11/11, 11/24 -25

CLASS	DAY	TIME	AGES	FEE	START	INSTRUCTOR
BEGINNING KARATE	Mon./Weds	5:30-6:30 p.m.	5-10	\$10 per session	10/03	Jose Rosas
INTERMEDIATE KARATE	Mon./Wed.	6:30-7:30 p.m.	10-15	\$10 per session	10/03	Jose Rosas
BEGINNING JUDO	Tues.	6:30-7:30pm	5-15	\$10 per session	10/04	Chris Gonzalez
ADULT AEROBICS	Mon./Wed./Fri	8:30-9:30 a.m.	16-Up	\$30 per month	9/07	Rolando Guzman
BEGINNING FOLKLORICO	Tues./Thur.	4:30-5:30 p.m.	5-8	\$10 per session	10/04	Rolando Guzman
INTERMED. FOLKLORICO	Tues.Thur.	5:30-6:30 p.m.	9-15	\$10 per session	10/04	Rolando Guzman
Basketball Class	Mon./Weds	3:00-4:00pm	5-13	\$10 per session	10/03	Hector Rosas
Dodgeball Class	Mon.	3:00-4:00pm	5-13	\$10 per session	10/03	Nataly Carmona
ADULT SALSA CLASS	Tue./Fri.	7:30-9:00 p.m.	16-Up	\$30 per month	10/04	Omar Morgan
LIL TUMBLERS	Wed.	3:15-4:15 p.m.	4-6	\$10 per session	10/05	Omar Morgan
GYMNASTICS BEG. 1	Wed.	4:15-5:15 p.m.	7-12	\$10 per session	10/05	Omar Morgan
GYMNASTICS BEG. 2	Wed.	5:30-6:30pm	7-12	\$10 per session	10/05	Omar Morgan
GYMNASTICS ADV. 1	Wed.	6:45-7:45 p.m.	12-15	\$10 per session	10/05	Omar Morgan
TIPPY TOES BALLET	Friday	3:00-4:00pm	4-6	\$10 per session	10/07	Omar Morgan
BALLET	Friday	4:15-5:15 p.m.	5-15	\$10 per session	10/07	Omar Morgan
JAZZ DANCE	Friday	5:30-6:30 p.m.	7-15	\$10 per session	10/07	Omar Morgan
CHEERLEADING	Friday	6:30-7:30 pm	5-15	\$10 per session	10/07	Omar Morgan
Hip Hop Dance	Friday	3pm-4pm	5-13	\$10 per session	08/15/22	Samantha Valadez
PIANO OR CLASSIC GUITAR 1/2 HR. One-on-One Session	Thurs./Fri.	3pm-8pm	8-Up	\$30 per Month	8/04	Shawn Osborne
AZTEC DANCE	Saturday	9am-12:00pm	16-up	Free	9/03	Maria Correa



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Pursuant to City of Los Angeles Ordinance No. 187219, beginning Monday, November 29, 2021, PROOF OF COVID-19 VACCINATION will be required for individuals eligible (ages 12 and over) for COVID vaccination to enter all indoor LA Parks facilities. All individuals that are eligible for COVID vaccination participating or entering an indoor facility must show PROOF OF COVID-19 VACCINATION. For those unable to provide PROOF OF COVID-19 VACCINATION, alternative programming is available. Information can be found here: bit.ly/rapalt.

PAYMENT: Cash, check, money order or credit card (VISA or MasterCard only) accepted. Please make checks payable to: **City of Los Angeles**. Please have the exact amount when paying with cash. A collection fee will be charged for each returned check. **Hollenbeck Recreation Center reserves the right to cancel, change, or substitute programs or activities as listed in this flyer when necessary.** Full refunds are only given if Hollenbeck Recreation Center cancels a class or program. There will be **NO REFUNDS** after the program has begun unless a class or sports league is changed or cancelled by the recreation center. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. Achieving equity through a continuous commitment to girls and women in sports.

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PARK PROUD LA

Inscripcion Comienza el 13 de Agosto

No Hay Clases 10/10,11/11,11/24 -25 (8 Semanas)

Calendario de Clases en Otono, 2022

Clases para Jovenes Y Adultos

CLASE	DIA	TIEMPO	EDADES	CUOTA	START	INSTRUCTOR
KARATE 1	Lunes/Mier.	5:30-6:30 p.m.	5-7	\$10 por sesión	10/03	Jose Rosas
KARATE 2	Lunes/Mier.	6:30-7:30 p.m.	8-15	\$10 por sesión	10/03	Jose Rosas
Judo	Martes	6:30-7:30pm	5-15	\$10 por sesión	10/04	Chris Gonzales
Basketball	Lunes/Mier.	3:00-4:00	5-15	\$10 por sesión	10/03	Eric Martinez
AEROBICS-Adultos	Lun/Mier/Vie	8:30-9:30 a.m.	16-Up	\$30 por mes	09/07	Rolando Guzman
FOLKLORICO 1	Mar./Jue.	4:30-5:30 p.m.	5-8	\$10 por sesión	10/04	Rolando Guzman
FOLKLORICO 2	Mar./Jue.	5:30-6:30 p.m.	9-15	\$10 por sesión	10/04	Rolando Guzman
Dodgeball	Lunes	3:00-4:00p	9-15	\$10 per session	10/03	Nataly Carmona
LIL' TUMBLERS	Miercoles	3:15-4:15 p.m.	4-6	\$10 por sesión	10/05	Omar Morgan
GYMNASTICS 1	Miercoles	4:15pm-5:15pm	7-12	\$10 por sesión	10/05	Omar Morgan
GYMNASTICS 2	Miercoles	5:30-6:30 p.m.	7-12	\$10 por sesion	10/05	Omar Morgan
GYMNASTICS 3	Miercoles	6:45-7:45 p.m.	12-15	\$10 por sesion	10/05	Omar Morgan
DANZA HIP HOP	Viernes	3:00-4:00pm	7-15	\$10 por sesión	10/05	Staff
TIPPY TOES BALLET	Viernes	3:15-4:15 p.m.	4-6	\$10por sesion	10/05	Omar Morgan
BALLET	Viernes	4:15-5:15pm	5-15	\$10 por sesion	10/05	Omar Morgan
JAZZ DANCE	Viernes	5:30-6:30pm	7-15	\$10 por sesion	10/05	Omar Morgan
CHEERLEADING	Viernes	6:30-7:30pm	5-15	\$10 por sesion	10/05	Omar Morgan
PIANO or CLASSIC GUITAR 1/2 hr. one-on-one session	Mar./Vier.	3pm-8pm	5-15	\$20 por mes	09/08	Shawn Osborne
DANZA SALSA	Mar./Vier.	7:30-9:00pm	16-Up	\$30 por mes	09/06	Omar Morgan
DANZA AZTECA	SABADO	9AM - 12PM	16-Up	Gratis	09/03	Maria Correa



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PAGO: Efectivo, cheque, giro postal o tarjeta de crédito (solo VISA o MasterCard) aceptados. Haga los cheques a nombre de: **City of Los Angeles**. Por favor, tenga la cantidad exacta cuando pague con efectivo. **Hollenbeck Recreation Center se reserva el derecho de cancelar, cambiar o sustituir programas o actividades que se detallan en este volante cuando sea necesario.** Los reembolsos completos solo se daran si Hollenbeck Recreation Center cancela una clase o programa. No habrá REEMBOLSOS después de que el programa haya comenzado, a menos que el centro de recreación cambie o cancele una clase o liga deportiva Las personas con discapacidades son bienvenidas a participar en nuestros programas. Se realizarán adaptaciones razonables con arreglos previos. Lograr la equidad a través de un compromiso continuo con las niñas y las mujeres en el deporte.