

CITY OF LOS ANGELES • DEPARTMENT OF RECREATION AND PARKS

Hollenbeck Recreation Center

415 S. St. Louis Street, Los Angeles, CA 90033 Phone: (323) 261-0113

Email: hollenbeck.recreationcenter@lacity.org Website: www.laparks.org



PARK PROUD LA

WINTER 2020 SCHEDULE OF CLASSES

Youth & Adult Classes

Registration Starts December 2, 2019

No Class on 1/1, 1/20, 1/17, 3/30

| CLASS | DAY | TIME | AGES | FEE | START | INSTRUCTOR |
|---|---------------|----------------------------------|-------|----------------|-------|-----------------|
| KARATE | Mon./Wed. | 5:30-7:30 p.m. | 5-Up | \$30 per month | 1/6 | Jose Rosas |
| AEROBICS | Mon./Wed./Fri | 8:30-9:30 a.m. | 16-Up | \$30 per month | 1/3 | Rolando Guzman |
| FOLKLORICO | Tues./Thur. | 4:00-6:00 p.m. | 5-17 | \$30 per month | 1/2 | Rolando Guzman |
| SALSA CLASS | Tue./Fri. | 7:00-9:00 p.m. | 16-Up | \$35 per month | 1/3 | Omar Guttie |
| LATIN GUITAR | Wed./Friday | 5:00-6:30 p.m. | 10-Up | \$25 per month | 1/3 | Carlos B. |
| CHEERLEADING | Thursday | 6:15-7:15 p.m. | 5-15 | \$25 per month | 1/2 | Melissa Arreola |
| BAKING 101 | Wednesday | 5:00-6:00 p.m. | 7-12 | \$40/ 8 weeks | 1/8 | Sandra Pineda |
| MESSES AND MASTERPIECES | Friday | 1:00-2:00 p.m. | 3-6 | \$25 per month | 1/3 | Sandra Pineda |
| PIANO or CLASSIC GUITAR 1/2 hr. one-on-one session | Friday | 3:00-8:30 p.m. | 5-17 | \$50 per month | 1/3 | Shawn Osborne |
| INTRO TO BALLET | Friday | 4:00-5:00 p.m. | 7-12 | \$25 per month | 1/4 | Sandra Pineda |
| CHICOMECOATL DANZA | Saturday | 10:00-12:30 p.m. | 16-Up | FREE | 1/4 | Maria Correa |
| TIPPY TOES BALLET | Saturday | 1:00-2:00 p.m. | 3-6 | \$25 per month | 1/4 | Sandra Pineda |
| LIL' TUMBLERS | Saturday | 2:00-3:00 p.m. | 3-6 | \$25 per month | 1/4 | Dalilah Diaz |
| GYMNASTICS | Saturday | 3:00-4:00 p.m. | 7-12 | \$25 per month | 1/4 | Dalilah Diaz |
| L.A. KIDS DRUM LESSONS | Tuesday | 4:30-5:00 p.m. | 6-8 | FREE | 1/28 | Adrian |
| LA KIDS DRUM LESSONS | Tuesday | 5:00-5:30 p.m. | 8-12 | FREE | 1/28 | Adrian |
| LA KIDS VIOLIN LESSONS | Wednesday | 3:30-4:00 p.m. | 5-7 | FREE | 1/29 | Chris |
| LA KIDS VIOLIN LESSONS | Wednesday | 4:00-4:30 p.m. | 8-17 | FREE | 1/29 | Chris |
| LA KIDS PAINTING | Wednesday | 6:00-7:00 p.m. | 6-12 | FREE | 1/29 | Willorna |
| WELLNESS ZUMBA + YOGA STRETCH | Wednesday | 2:00-2:45 p.m. 2:45-3:30 p.m. | Adult | FREE | 1/5 | Moe |
| WELLNESS SALSA CLASS | Friday | 1:00-2:00 p.m. | Adult | FREE | 1/7 | Omar Guttie. |

PAYMENT: Cash, check, money order or credit card (VISA or MasterCard only) accepted. Please make checks payable to: **City of Los Angeles**. Please have the exact amount when paying with cash. A collection fee will be charged for each returned check. **Hollenbeck Recreation Center reserves the right to cancel, change, or substitute programs or activities as listed in this flyer when necessary.** Full refunds are only given if Hollenbeck Recreation Center cancels a class or program. There will be **NO REFUNDS** after the program has begun unless a class or sports league is changed or cancelled by the recreation center. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. Achieving equity through a continuous commitment to girls and women in sports.

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PARK PROUD LA

CALENDARIO DE CLASES DE INVIERNO 2020

Clases para Jovenes Y Adultos

Inscripcion Comienza el 2 de Diciembre

No Hay Clase el 1/1, 1/20, 1/17, 3/30

| CLASE | DIA | TIEMPO | EDADES | CUOTA | COMIENZA | INSTRUCTOR |
|---|-------------|----------------------------------|--------|---------------|----------|-----------------|
| KARATE | Lu./Mi. | 5:30-7:30 p.m. | 5-Up | \$30 por mes | 1/6 | Jose Rosas |
| AEROBICS | Lu./Mi./Vi. | 8:30-9:30 a.m. | 16-Up | \$30 por mes | 1/3 | Rolando Guzman |
| FOLKLORICO | Ma./Ju. | 4:00-6:00 p.m. | 5-17 | \$30 por mes | 1/2 | Rolando Guzman |
| SALSA CLASS | Ma./Ju. | 7:00-9:00 p.m. | 16-Up | \$35 por mes | 1/3 | Omar Guttie |
| LATIN GUITAR | Mi./Vi. | 5:00-6:30 p.m. | 10-Up | \$25 por mes | 1/3 | Carlos B. |
| CHEERLEADING | Jueves | 6:15-7:15 p.m. | 5-15 | \$25 por mes | 1/2 | Melissa Arreola |
| BAKING- 101 | Miercoles | 5:00-6:00 p.m. | 7-12 | \$40/ 8 weeks | 1/8 | Sandra Pineda |
| MESSES AND MASTERPIECES | Viernes | 1:00-2:00 p.m. | 3-6 | \$25 por mes | 1/3 | Sandra Pineda |
| PIANO or CLASSIC GUITAR 1/2 hr. one-on-one session | Viernes | 3:00-8:30 p.m. | 5-17 | \$50 por mes | 1/3 | Shawn Osborne |
| INTRO TO BALLET | Viernes | 4:00-5:00 p.m. | 7-12 | \$25 por mes | 1/4 | Sandra Pineda |
| CHICOMECOATL DANZA | Sabado | 10:00-12:30 p.m. | 16-Up | GRATIS | 1/4 | Maria Correa |
| TIPPY TOES BALLET | Sabado | 1:00-2:00 p.m. | 3-6 | \$25 por mes | 1/4 | Sandra Pineda |
| LIL' TUMBLERS | Sabado | 2:00-3:00 p.m. | 3-6 | \$25 por mes | 1/4 | Dalilah Diaz |
| GYMNASTICS | Sabado | 3:00-4:00 p.m. | 7-12 | \$25 por mes | 1/4 | Dalilah Diaz |
| LA KIDS DRUM LESSONS | Miercoles | 4:30-5:00 p.m. | 6-8 | GRATIS | 1/28 | Adrian |
| LA KIDS DRUM LESSONS | Miercoles | 5:00-5:30 p.m. | 8-12 | GRATIS | 1/28 | Adrian |
| LA KIDS VIOLIN LESSONS | Miercoles | 3:30-4:00 p.m. | 5-7 | GRATIS | 1/29 | Chris |
| LA KIDS VIOLIN LESSONS | Miercoles | 4:00-4:30 p.m. | 8-17 | GRATIS | 1/29 | Chris |
| LA KIDS PAINTING | Miercoles | 6:00-7:00 p.m. | 6-12 | GRATIS | 1/29 | Willorna |
| WELLNESS ZUMBA+ YOGA STRETCH | Miercoles | 2:00-2:45 p.m. 2:45-3:30 p.m. | Adult | GRATIS | 1/15 | Moe |
| WELLNESS SALSA CLASS | Viernes | 1:00-2:00 p.m. | Adult | GRATIS | 1/17 | Omar Guttie. |

PAGO: Efectivo, cheque, giro postal o tarjeta de crédito (solo VISA o MasterCard) aceptados. Haga los cheques a nombre de: **City of Los Angeles**. Por favor, tenga la cantidad exacta cuando pague con efectivo. **Hollenbeck Recreation Center se reserva el derecho de cancelar, cambiar o sustituir programas o actividades que se detallan en este volante cuando sea necesario.** Los reembolsos completos solo se daran si Hollenbeck Recreation Center cancela una clase o programa. No habrá REEMBOLSOS después de que el programa haya comenzado, a menos que el centro de recreación cambie o cancele una clase o liga deportiva. Las personas con discapacidades son bienvenidas a participar en nuestros programas. Se realizarán adaptaciones razonables con arreglos previos. Lograr la equidad a través de un compromiso continuo con las niñas y las mujeres en el deporte.