



PLAY LA Teams

Team Registration: Saturday August 23, 2025
@ 9am
Season Begins: Monday August 25, 2025
Season Ends: Friday November 28, 2025

Fees: \$10

Athletes must be between ages 7-17 and have passed learn to swim level 4 (Intermediate)



Play LA USA Swimming



Team Play LA USA Swim is designed for entry-level athletes. The year-round program is a department-sponsored league in partnership with USA Swimming. USA Swimming Membership provides athletes and parents with enhanced training and educational resources.

Practice Time: 4:30pm-6pm

Practice Days: Tuesday-Friday



The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games



Private Swim Lessons

- Private & Semi-Private Classes provide personalized instruction to adults and youth ages 3 and older.
 - Classes are 25 Minutes in length
 - Registration rules apply and participants must register for 4 classes
 - Maximum of two participants per Semi-Private Class.
 - Please see clerical staff for initial registration.
- All subsequent registrations will take place on final day of previous series during operational hours.

Private lesson registration is in-person only

Private Lesson Fees

Private (1:1)	4 Classes @\$27ea. = \$108.00
Semi-Private	4 Classes @40 ea. = \$160.00

Youth Aquatic Fitness

- Level 4 (Intermediate) swimming competency or higher is required to enroll in this program
- Participants continue to refine all strokes with an emphasis on increased endurance and overall fitness level.
- First session Registration will take place:
September 13, 2025
NO REQUIRED COMPETITIONS

Cost:

\$25 for 10 classes	\$6 per class
---------------------	---------------

Practice Time:

Monday - Friday: 3:30pm-4:30pm

Program Begins:

September 15, 2025

All programs, including lap lane availability & listed hours are subject to change without prior notice



12560 Filmore St.
Pacoima, CA 91331

Humphrey.pool@lacity.org

(818) 896-0067

www.Laparks.org

EFFECTIVE: SEPTEMBER 07, 2025 - JANUARY 03, 2025

Admission Fees

Daily Fees	Admission Passes (30 Entries)
Youth (0-17).....\$1	Adult Lap Pass.....\$88
Adult (18-49).....\$4	Adult (50+) Pass.....\$25
Senior (50+).....\$1	Persons w/Disabilities.\$25
Persons w/Disabilities...\$1	Youth Pass.....\$25

Hours of Operation

Monday - Friday:
3:30PM-8PM
Saturday - Sunday:
1PM-5PM

Lap Swim Hours

Monday - Friday:
3:30PM-4:30 / 6PM-8PM
Saturday - Sunday:
1PM-5PM
Limited lap lane availability

Holiday Hours

Indigenous Peoples Day Monday October 13	Pool Closed
Veterans Day Tuesday November 11	Pool Closed
Thanksgiving Thur & Fri November 27&28	Pool Closed
Christmas Thursday December 25	Pool Closed
New Years Thursday January 1	Pool Closed



Lesson Description

Preschool Aquatics (Ages 3yrs-6yrs)

Adult is required
to enter water

★ Pre-K Level 1-2

Children will learn how to enter and exit the water independently, submerge mouth underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll back and float for 2 body lengths then roll back and float for 3 seconds. Introduction to combined arm and leg movement on front and back.

★ Pre-K Level 3

Continued refinement of front crawl and back crawl. Introduction to side breathing and treading water.



Water Confidence - Level 1

Ages 7-17

Participants will learn how to open eyes underwater and retrieve objects, bobbing, floating, gliding, and rolling on front & back, combined arm and leg actions on front and back for 3 body lengths

Beginner - Level 2

Participants will learn to enter/exit the pool, have breath control, front/back floats, basic water safety and are introduced to front crawl.

Advanced Beginner - Level 3

Participants learn to master Front Crawl, introduced to breaststroke kick, Sidestroke kick, and Elementary Backstroke

Intermediate - Level 4

Participants learn Breaststroke, Back Crawl and the Sidestroke

Swimmer - Level 5

Coordination & refinement of strokes and improved conditioning. Learn additional aquatic skills such as flip turns, and improve diving into the pool

Advanced Swimmer - Level 6

Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances.

Lessons

LESSON & PROGRAM REGISTRATION

Registration is available:

Online or IN-PERSON - see dates below.

No refunds unless session is cancelled. Lessons are 25 minutes in length. Refunds are not guaranteed and will be assessed on a case by case basis, with an administrative fee of 10%.

Fees: Pre-k 1-3: \$30 | Youth: \$10 | Adult: \$30

Registration QR Code



Swim Assessments:

A swim assessment is required to sign up for swimming lessons. Assessment are given by a lifeguard or manager to determine the swimming skills level of the participant. Assessments can be done during recreational hours. No appointments needed

Tuesdays & Thursdays / Wednesdays & Fridays

Class Registration Dates

Session Length: 4 Weeks; 8 Lessons

Sessions	Registration @ 9am	BEGINS	ENDS
#1	September 13	September 16	October 10
#2	October 11	October 14	November 7

Saturday & Sunday Class Registration Dates

Session Length: 4 week; 8 lessons

Sessions	Registration @ 9am	BEGINS	ENDS
#1	September 13	September 13	October 5
#2	October 11	October 11	November 2

Lesson Schedule

All programs, including lap lane availability & listed hours are subject to change without prior notice

Weekday Lessons: Tuesday & Thursday

Lesson	Time
Swimmers	4:00 PM - 4:25 PM
Preschool Aquatics 1-2	4:30 PM - 4:55 PM
Beginners	5:00 PM - 5:25 PM
Advanced Beginners	5:30 PM - 5:55 PM
Intermediate	6:00 PM - 6:25 PM
Advanced Swimmers	6:30 PM - 6:55 PM
Adult Beginner	7:00 PM - 7:25 PM

Weekday Lessons: Wednesday & Friday

Lesson	Time
Advanced Swimmers	4:00 PM - 4:25 PM
Preschool Aquatics 3	4:30 PM - 4:55 PM
Water Confidence	5:00 PM - 5:25 PM
Beginners	5:30 PM - 5:55 PM
Advanced Beginners	6:00 PM - 6:25 PM
Intermediate	6:30 PM - 6:55 PM
Adult Intermediate	7:00 PM - 7:25 PM

Weekend Lessons: Saturday & Sunday

Lesson	Time
Preschool Aquatics 1-2	1:00 PM - 1:25 PM
Water Confidence	1:30 PM - 1:55 PM
Beginners	2:00 PM - 2:25 PM
Advanced Beginners	2:30 PM - 2:55 PM
Intermediate	3:00 PM - 3:25 PM
Adaptive	3:30PM - 3:55 PM
Adult Beginners	4:00 PM - 4:25 PM
Swimmers	4:30 PM - 4:55 PM

