City of Los Angeles Department of Recreation and Parks

YOUTH AND ADAPTIVE YOUTH SPORTS

Program Requirements: Ages 9-17 years and Swim 100 yards must be done prior to registration.

Learn to Surf is a program designed for youth to learn basic oceanic safety through surf education. Participants will learn:

- Identification of hazards at the beach
 Body surfing
- Paddling in & around the surf zone
- Popping up

All necessary equipment will be provided to participants which includes surfboards and wetsuits. Each participant will also receive a rash guard, T-shirt & shorts.

Learn to Surf Levels

Level 1 Beginner

• No prior surfing experience.

Level 2 Advance Beginner

- Familiar with surfing with some prior experience.
- Needs assistance with standing on the board.

Level 3 Intermediate

- Can catch waves the majority of time without assistance.
- Riding in waves for a duration of 10 seconds.







Pick-up time
8:00 AM*
Onsite at Beach
Location
9:00 AM to 2:00 PM*
Drop-off time back
to original site

3:00 PM*

*All times are estimates

Session	n Dat <mark>es</mark>	Registration	Pick-Up Locations	Beach Locations
#1	Saturdays: 1/6, 1/13, 1/20, 1/27	December 23	Richard Alatorre	Venice Beach
#1	Sundays: 1/7, 1/14, 1/21, 1 <mark>/28</mark>	December 23	Celes King III	Venice Beach
#2	Saturdays: 2/3, 2/10, 2/17, 2/24	January 20	Hubert Humphrey	Venice Beach
#2	Sundays: 2/4, 2/11, 2/1 <mark>8, 2/25</mark>	January 20	Algin Sutton	Venice Beach
#3	Saturdays: 3/2, 3/9, 3/16, 3/23	February 17	Richard Alatorre	Venice Beach
#3	Sundays: 3/3, 3/10, <mark>3/17, 3/24</mark>	February 17	Celes King III	Venice Beach
#4	Saturdays: 4/6, 4/13, 4/20, 4/27	March 23	Van Ness	Venice Beach
#4	Sundays: 4/7, 4/14, 4/21, 4/28	March 23	Hubert Humphrey	Venice Beach
#5	Saturdays: 5/4, 5/11, 5/18, 5/25	April 20	Algin Sutton	Venice Beach
#5	Sundays: 5/5, 5/12, 5/19, 5/26	April 20	EG Roberts	Venice Beach

*Online Registration opens @ 9:00 AM. On Site Registration time may vary.

Visit: www.laparks.org/discover-activities to register.

If transportation is needed from the pick-up location to the beach location select "Yes" when registering.

Persons with disabilities are welcome to participate in our aquatic programs.

Reasonable accommodations will be made with prior arrangements.

Made possible by the LA28 Olympic and Paralympic Games

laparks.org/aquatics citywide.aquatics@lacity.org 323-906-7953













