

City of Los Angeles Department of Recreation and Parks
Lake View Terrace Recreation Center
11075 Foothill Blvd., Lake View Terrace, CA 91342
(818) 899-8087 ~ <https://www.laparks.org/reccenter/lake-view-terrace>



PARK PROUD LA

Aikido

Ages: 7 - 15



\$10 / 8 Weeks

Come learn safe ways to defend yourself from harm through blocking, attack moves, and more!

Fridays



7:00pm - 8:00pm

Registration Begins: Mon. March 2, 2020

Class Begins: Friday April 17, 2020



PARK PROUD LA

GPLA
Girls Play Los Angeles



Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. *Program subject to change or cancellation.