



City of Los Angeles
Department of Recreation & Parks

LAS PALMAS SENIOR CENTER

1820 N. LAS PALMAS
HOLLYWOOD, CA 90028

323-465-7787

Laspalmas.seniorcenter@lacity.org



PARK PROUD LA

YOGA CLASS

Thursdays

1:15 pm - 2:15 pm

Monthly Fee: \$5.00

A gentle way to relax, be flexible, and get
Healthier in mind, body, and spirit.
Geared towards Beginners & Seniors



Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made available with prior arrangement.

"Achieving Gender equity through a continuous commitment to girls and women in sports."