



Lemon Grove Recreation Center

2024 Winter Classes

Registration Begins December 4, 2023



lemongroverc



Scan To Register

Class	Day	Time	Instructor	Ages	Fee	Starting
BALLET	MON	4:00PM - 5:00PM	B. VASQUEZ	5-12	\$10	1/8
VOLLEYBALL	MON	6:30 PM - 7:30PM	STAFF	7-10	\$10	1/8
VOLLEYBALL	MON	7:30 PM - 8:30PM	STAFF	11-15	\$10	1/8
SOFTBALL SKILLS	MON	5:30PM - 6:30PM	E. VARGAS	8-11	\$10	1/8
SOFTBALL SKILLS	MON	6:45PM - 7:45PM	E. VARGAS	12-15	\$10	1/8
COED GYMNASTICS	TUE	4:30PM - 5:30PM	I. POWELL	3-5	\$10	1/9
COED GYMNASTICS	TUE	5:45PM - 6:45PM	I. POWELL	6-10	\$10	1/9
STRENGTH & CONDITIONING	TUE	5:30PM - 6:30PM	STAFF	7 - 10	\$10	1/9
STRENGTH & CONDITIONING	TUE	6:45PM - 7:45PM	STAFF	11 - 15	\$10	1/9
TAEKWONDO	WED	5:30PM - 6:30PM	GENTHER	8 - 10	\$10	1/10
TAEKWONDO	WED	6:45PM - 7:45PM	GENTHER	11 - 15	\$10	1/10
FUTSAL SOCCER	WED	5:30PM - 6:30PM	R. MOLINA	7-9	\$10	1/10
FUTSAL SOCCER	WED	6:45PM - 7:45PM	R. MOLINA	10-12	\$10	1/10
KARATE	THUR	4:30PM - 5:30PM	M. OCHOA	5-10	\$10	1/11
KARATE	THUR	6:00PM - 7:00PM	M. OCHOA	11-15	\$10	1/11
KARATE	FRI	4:30PM - 5:30PM	M. OCHOA	5-10	\$10	1/12
KARATE	FRI	6:00PM - 7:00PM	M. OCHOA	11-15	\$10	1/12



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Sports Agility Training	FRI	5:30PM - 6:30PM	STAFF	7-10	\$10	1/12
Sports Agility Training	FRI	6:45PM - 7:45PM	STAFF	11-15	\$10	1/12
Boxing	SAT	10:00AM - 11:00AM	STAFF	7-10	\$10	1/13
Boxing	SAT	11:00AM - 12:00PM	STAFF	11-15	\$10	1/13
Softball Skills	SAT	9:30AM - 11:30AM	VARGAS	8 - 11	\$10	1/13, 1/27, 2/10
Softball Skills	SAT	11:45AM - 1:45PM	VARGAS	12 - 15	\$10	1/13, 1/27, 2/10
Baseball Skills	SAT	9:30AM - 11:30AM	VARGAS	5 - 8	\$10	1/20, 2/3, 2/17
Baseball Skills	SAT	11:45AM - 1:45PM	VARGAS	9 - 15	\$10	1/20, 2/3, 2/17

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION & PARKS
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