



Lemon Grove Recreation Center
 4959 Lemon Grove Avenue
 Los Angeles, CA. 90029
 323-666-4144



\$15 a month/mes

Instructor: Alma Meraz

DAYS/DIAS:

TUESDAYS/MARTES.....7:30pm-8:30pm

FRIDAY/VIERNES...7pm-8pm

Zumba is a fun and exciting way to exercise. Its like a Latin dance party! Before you know it, you're breaking a sweat. Plus its an effective aerobic work out and you do not need any experience to do it. COME JOIN the PARTY!



Persons with disabilities are welcome to participate in our programs.
 "Achieving Gender equity through a continuous commitment to girls and women in sports."
 Sportsmanship is everyone's responsibility.

"Payment by check, cash, money order or credit only." A collection fee will be charged for each returned check."