

Lincoln Park Pool

OTTERS

Fall 2025

Sep 2nd -
Dec 31st

3501 Valley Blvd
Los Angeles, CA 90031

(323) 276-7174
LincolnPark.Pool@lacity.org

Admission Fees

Admission Fees - Cash Only

Adult (18-49).....	\$4
Youth (0-17).....	\$1
Adults (50+).....	\$1
Persons w/ Disabilities.....	\$1

Admission Passes

Adult Lap Pass.....	\$88
Adult Pass (50+).....	\$25
Persons w/ Disabilities Pass.....	\$25
Summer Youth Pass.....	\$10

All pass sales are final, no refunds or replacements

Hours of Operations

Recreational Swim

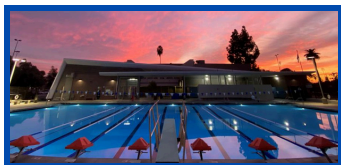
Sep 2nd - Dec 31st

Mon.....	Pool Closed
Tue - Fri.....	3:00pm - 6:55pm
Sat & Sun.....	1:00pm - 4:55pm

Lap Swimming

Sep 2nd - Dec 31st

Mon.....	Pool Closed
Tue - Fri.....	12:00 pm - 6:55pm
Sat & Sun.....	1:00pm - 4:55pm



Holiday Hours

Tuesday, Nov 11th	Veterans Day	Pool Closed
Thursday, Nov 27th	Thanksgiving	Pool Closed
Friday, Nov 28th	Thanksgiving Holiday	Pool Closed
Wednesday, Dec 24th	Christmas Eve	1:00pm - 5:00pm
Thursday, Dec 25th	Christmas Day	Pool Closed
Wednesday, Dec 31st	New Years Eve	1:00pm - 5:00pm
Thursday, Jan 1st	New Years Day	Pool Closed

For more information, scan QR code

VISIT
www.laparks.org/aquatic

OR



Team Sports

- The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.
- Participants compete in a department-sponsored league.
- Participants must demonstrate an intermediate level swimming competency through a swim assessment.
- All team members must attend a minimum of 3 workouts per week and compete in 2 competitive events.
- If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility (facility phone number here), or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.
- If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.

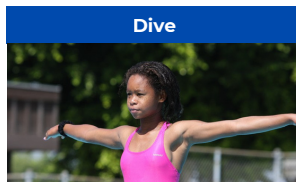
FALL SEASON

In-Person registration **September 13th @ 9am**

Online registration at www.laparks.org.

Ages	Fee	Days	Season Dates
7 - 17	\$10	Tue - Fri	Sep 16th - Dec 19th

Dive



4:30pm - 5:30pm

*No Practice from Nov 27th - Nov 28th due to holiday

USA SWIMMING

In-Person & Online registration

August 23rd @ 9am

Ages	Fee	Days	Season Dates
7 - 17	\$10	Tue - Fri	Aug 26th - Nov 28th



5:30pm-7:00pm

*No Practice from Nov 27th - Nov 28th due to holiday

AquaFit - Cardio

Workout sessions are 45 minutes in length. Offers low to high intensity workouts that promote cardiovascular fitness, conditioning, increased flexibility, and range of motion.

AquaFit-Cardio



10 Classes Total

Adults	Adults (50+)
\$45	\$35

Walk-In Fee

Adults	Adults (50+)
\$5	\$4

Tue & Thu..... 12:00pm - 12:45pm

Wed & Fri..... 2:00pm - 2:45pm

*Classes subject to cancellation due to special events.

Aqua-Fit Class - 4 participants minimum registered to hold class



BE AN LA CITY LIFEGUARD

bit.ly/22lacitylifeguard



Swim Lesson Assessment

A swim assessment is required to sign up for swimming lessons. Assessments are given by a lifeguard to determine the swimming skill level. Assessments can be done during recreational hours but is subject due to staff availability. No appointment needed.

Swim Lessons

- Online Registration: www.laparks.org. No phone registrations.
- Group lessons have a total of 10 participants per class. 5 spots for online registration and 5 spots for in person registration.
- Tiny Tots has a total of 4 participants per class. 2 spots online registration and 2 spots in person registration. Adult is not required to be in the water for Tiny Tots only.
- Preschool Aquatics – Children must be accompanied by an adult.
- Fees must be paid at time of registration. No exceptions.
- No Refunds unless entire session is canceled.
- Lessons are 25 minutes. If late, we do not make up time.
- If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility (facility phone number here), or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.
- If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.

Fees Per Session

Tiny Tots Ages 3-6	Youth Ages 7 - 17	Preschool Aquatics & Adult 18+
\$80	\$10	\$30

**Online & In-Person Registration
begins at 9:00am**

Session #	Registration	Begins	Ends
Session 1	Sep 13th	Sep 13th	Oct 10th
Session 2	Oct 11th	Oct 11th	Nov 7th



Swim Lesson Schedule Sessions 1 - 2

Tuesday & Thursday Lessons

Class Level	Time	Days
Preschool Aquatics LV 1	1:00pm - 1:25pm	Tue & Thu
Preschool Aquatics LV 3	1:30pm - 1:55pm	Tue & Thu
Adult Beginner	2:00pm - 2:25pm	Tue & Thu
Adult Advance Beginner	2:30pm - 2:55pm	Tue & Thu
Tiny Tots	3:30pm - 3:55pm	Tue & Thu
Water Confidence LV 1	4:00pm - 4:25pm	Tue & Thu
Beginners LV 2	4:30pm - 4:55pm	Tue & Thu
Advance Beginner LV 3	5:00pm - 5:25pm	Tue & Thu
Intermediate LV 4	5:30pm - 5:55pm	Tue & Thu
Adaptive	6:00pm - 6:25pm	Tue & Thu
Adult Beginner	6:30pm - 6:55pm	Tue & Thu

Wednesday & Friday Lessons

Class Level	Time	Days
Adult Beginner	12:00pm - 12:25pm	Wed & Fri
Adult Advance Beginner	12:30pm - 12:55pm	Wed & Fri
Preschool Aquatics LV 3	1:00pm - 1:25pm	Wed & Fri
Preschool Aquatics LV 2	1:30pm - 1:55pm	Wed & Fri
Preschool Aquatics LV 1	3:30pm - 3:55pm	Wed & Fri
Beginners LV 2	4:00pm - 4:25pm	Wed & Fri
Water Confidence LV 1	4:30pm - 4:55pm	Wed & Fri
Beginners LV 2	5:00pm - 5:25pm	Wed & Fri
Swimmer LV 5	5:30pm - 5:55pm	Wed & Fri
Tiny Tots	6:00pm - 6:25pm	Wed & Fri
Adult Advance Beginner	6:30pm - 6:55pm	Wed & Fri

Swim Lesson Schedule Sessions 1 - 2

Saturday & Sunday Lessons

Class Level	Time	Days
Water Confidence LV 1	1:00pm - 1:25pm	Sat & Sun
Beginners LV 2	1:30pm - 1:55pm	Sat & Sun
Advance Beginner LV 3	2:00pm - 2:25pm	Sat & Sun
Adaptive	2:30pm - 3:55 pm	Sat & Sun

Private & Semi-Private Lessons

Private Lessons: 4 lessons - \$108.00

Semi-Private Lessons: 4 lessons - \$160.00

In person registration only.

Saturday & Sunday Lessons

Class Level	Time	Days
Private	3:00pm - 3:25pm	Sat & Sun
Private	3:30pm - 3:55pm	Sat & Sun
Private	4:00pm - 4:25pm	Sat & Sun
Private	4:30pm - 4:55pm	Sat & Sun



IMPORTANT INFORMATION!

- Children under seven (7), unless accompanied by an adult on a one to one ratio, and within arms reach at all times. That includes in the water and pool deck.
- Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.
- Life Vests must be US Coast Guard approved.
- Proper swim wear is required (no cotton t-shirts, not solid white rash guards or basketball shorts).