



LINCOLN PARK RECREATION CENTER

3501 Valley Blvd, Los Angeles, CA 90031

(213) 847-1726

Senior Classes are here!

Lincoln Park offers many classes for seniors all for \$6 a year. After joining as a United Senior of Lincoln Member you will have access to all of the senior classes, ranging from sewing to folklore and many more! Pick one, a few or all to have a great time!

CLASS	DAY	TIME
Computer	Tuesdays & Thursdays	9:00am - 12:00pm
Sewing	Mondays	10:00am - 12:00pm
Crocheting	Wednesdays	10:00am - 12:00pm
Folkloric	Tuesdays & Thursdays	12:00pm - 1:30pm
Senior Fitness	Tuesdays thru Fridays	10:00am - 12:00pm
The Walking Club	Mondays, Wednesdays & Fridays	9:00am - 10:00am

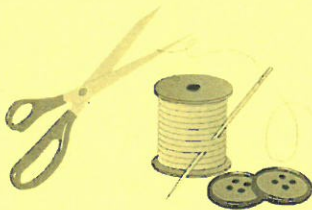
United Seniors of Lincoln Club

MEETING DAYS

2nd and 4th Mondays

TIME

1:00pm - 3:00pm



* Note: Seniors also attend field trips and hold parties for various occasions.