CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS
CLASS PARKS TEEN PROGRAM

SELF-EMPOWERMENT GIRLS CONFERENCE

AGES 13-17

MARCH 7, 2020
Ramona Hall
4580 N. Figueroa Street
Los Angeles, CA 90065
10:00 AM - 3:00 PM

Topics: Healthy Relationships, Self-Acceptance, leadership Skills, Forward Thinking and Finding Your Fabulous

Must Be Registered in Teen Club to Participate
WORLD PREP 101

WHEN: FRIDAYS
SESSION 1: April 17
SESSION 2: April 24
SESSION 3: May 1

TIME: 6:00 P.M. - 9:00 P.M.

WHERE: SUN VALLEY
RECREATION CENTER
8133 VINELAND AVENUE
(818) 767-6151

TOPICS
TIME MANAGEMENT
GOAL SETTING
SELF-AWARENESS
PROBLEM SOLVING
MONEY MANAGEMENT

IMPORTANT NOTES:
❖ TEENS MUST BE REGISTERED TEEN CLUB MEMBERS TO PARTICIPATE
❖ TEENS MUST HAVE A COMPLETED REGISTRATION PACKET BEFORE ATTENDING
❖ TEENS MUST ATTEND ALL SESSIONS TO QUALIFY FOR COMPLETION OF COURSE
❖ LIMITED SPACE FIRST-COME, FIRST-SERVE
ULTIMATE FRISBEE TOURNAMENT

MARCH 14
10:00 AM - 1:00 PM

RANCHO CIENEGA RC
5001 RODEO ROAD
LOS ANGELES, CA 90016

MUST BE REGISTERED IN TEEN CLUB TO PARTICIPATE
CLASS PARKS TEEN PROGRAM

DINO RACES

MUST BE REGISTERED IN TEEN CLUB TO PARTICIPATE

JUNE 6

10:00 AM - 2:00 PM

SCHEDULED BY REGION

LINCOLN HEIGHTS RC
2303 WORKMAN STREET
LOS ANGELES, CA 90031

TEAM RELAYS / INDIVIDUAL RACES

PRIZES / AWARDS / GIVEAWAYS

T-SHIRT & LUNCH PROVIDED