



Mount Carmel Recreation Center  
830 W 70<sup>th</sup> st Los Angeles, CA  
(323)789-2756



COACH RONALD  
PRESENTS

# Elite Football Training



**Monday – Thursday :**

Ages 8-10yrs : 3:30pm-4:30pm

Ages 11-15yrs : 4:30pm-5:30pm

**Friday :**

Ages 8-15yrs : 1:00pm-2:00pm

**\$10**

Classes begin October 6<sup>th</sup>  
End December 9<sup>th</sup>

No Class On:  
10/13, 11/11, and 11/24-11/28

[www.laparks.org](http://www.laparks.org)

Persons with disabilities are encouraged to participate in our classes and programs. Reasonable accommodations will be made with prior arrangement. All activities/prizes are limited and are not guaranteed. All information/activities are subject to change and/or cancellation without prior notice.



**MOUNT CARMEL RECREATION CENTER**



# **FLAG FOOTBALL**

**FALL TRAINING**

**OCTOBER 6<sup>TH</sup> –  
DECEMBER 8<sup>TH</sup>, 2025**

**FOR BOYS  
& GIRLS  
AGE 7-10**

**REGISTER AFTER  
SEP. 8<sup>TH</sup> FOR ONLY**

**\$10**

**WITH  
COACH GLYNN**

**Our Flag Football  
Class is calling  
your name!  
Whether you're a  
seasoned player or  
just starting out,  
we welcome all  
skill levels.**

**MONDAYS  
7-8 YRS.  
5PM-6PM**

**FRIDAYS  
9-10 YRS.  
6PM-7PM**

**No Class on:  
10/13, 11/24,  
and 11/28**

**[WWW.LAPARKS.ORG](http://WWW.LAPARKS.ORG)**

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