



City of Los Angeles Department of Recreation & Parks
Mt. Carmel Recreation Center
830 w. 70th St. Los Angeles, CA 90044
323-789-2756



parent & Me sports for 3-4 year olds

With Coach Duana

THURSDAYS

5pm-6pm

Classes Begin October 6th
and End December 4th

No class 11/27

\$10

Registration begins Sept. 8th



Activities

Balancing
Soccer
Yoga
Obstacle Courses
And more!



Persons with disabilities are encouraged to participate in our classes and programs. Reasonable accommodations will be made with prior arrangement. All activities/prizes are limited and are not guaranteed. All information/activities are subject to change and/or cancellation without prior notice.