

CITY OF LOS ANGELES



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PRINCIPAL RECREATION SUPERVISOR I

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 MELANIE ESCAMILLA
 CARLOS ESPINOZA
 MAHA YATEEM

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3900 Chevy Chase Dr.
 L.A., CA 90039
 (323) 906-7953

citywide.aquatics@lacity.org



CITY OF LOS ANGELES
 DEPARTMENT OF RECREATION AND PARKS
 CITYWIDE AQUATICS DIVISION

**NORTHRIDGE
 SWIMMING POOL AND SLIDE**

10058 Reseda Blvd.
 Northridge, CA 91324
 (818) 709-7475

**SUMMER 2022
 POOL HOURS**

Times subject to change without notice

Soft Opening, June 6 – June 10

M-F Recreational Swim 3:00 p.m. - 7:00 p.m.

OPENING DAY, June 11

Saturday 1:00 p.m. - 5:00 p.m.

June 12 – August 13

M-F Recreational Swim 12:00 p.m. - 2:00 p.m.
 3:00 p.m. - 7:00 p.m.
 Saturday & Sunday 1:00 p.m. - 5:00 p.m.

Independence Day

Monday, July 4 1:00 p.m. - 5:00 p.m.

August 14 – September 4

M-F Recreational Swim 3:00 p.m. - 7:00 p.m.
 Saturday & Sunday 1:00 p.m. - 5:00 p.m.

Labor Day

Monday, Sept. 5 1:00 p.m. - 5:00 p.m.

Important Registration Dates: 9:00 a.m.

Team Programs..... Saturday, June 11
 Lesson Session #1 Saturday, June 18
 Lesson Session #2 Saturday, July 2
 Lesson Session #3 Saturday, July 16
 Weekend Session #2 Sunday, July 17
 Lesson Session #4 Saturday, July 30
 Lesson Session #5 Saturday, August 13

www.LAPARKS.org

**AQUATIC FACILITY INFORMATION,
 FEES AND RULES**

ADMISSION FEES	
ADULTS (18 – 49 YRS OLD)	\$4.00
YOUTH (0 – 17 YRS OLD)	\$1.00
OLDER ADULTS (50 & UP YRS OLD)	\$1.00
PERSONS WITH DISABILITIES (All ages)	\$1.00
PASSES AVAILABLE*	
ADULT LAP PASS - \$88.00 (30 Entries)	
YOUTH, OLDER ADULTS, PERSONS W/ DISABILITIES ADMISSION PASS - \$25.00 (30 Entries)	
YOUTH SUMMER SWIM PASS - \$10.00 (Unlimited entry, May 28 – September 5)	

*Fees subject to change

POOL RULES

For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are *final*.

- Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm's length of the child at all times.
- Children under 4 years of age must wear an approved "swim diaper."
- All swimmers must wear proper swim attire to be allowed into the pool.
- Proper swim attire includes a swimsuit or swim trunks with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
- White t-shirt or white rash-guards are not allowed in the pool area.
- All patrons must take a soap shower before entering the pool.
- Patrons wishing to swim in the deep-water section of the pool will be asked to complete a swim test to assess for swimming proficiency.
- Do not interfere with a lifeguard rescue or call for help unless in distress.
- The consumption and storage of food/drinks is not allowed on the pool deck, with the exception of water in non-breakable containers.
- No refunds on admission, an Admission Voucher will be issued.

PLEASE SEE STAFF TO REQUEST ASSISTANCE



As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

**SPONSORSHIPS &
 SCHOLARSHIPS**



The LA84 Foundation (a legacy of the 1984 Olympic Games) has provided a limited number of swim lesson sponsorships for community youth between 7 and 17 years of age.

One LA84 sponsorship per participant.

The City of Los Angeles Department of Recreation and Parks is proud to announce its 17th year of joint-partnership with Kaiser Permanente.



Kaiser Permanente Sponsorships for **SWIM LESSONS** and **JUNIOR LIFEGUARD PROGRAM*** are available on a first come, first served basis.

***One KP Jr LG sponsorship per participant.**



SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first served basis. Sign up at www.SWIMLA.org or in person at designated pools.

FOLLOW US

ON OUR SOCIAL NETWORKS



@ISWIMLA



@SWIM IN LOS ANGELES



**Team Sports and Junior Lifeguard
REGISTRATION OPENS
Saturday, June 11, 2022 at 9 a.m.**

JUNIOR LIFEGUARD PROGRAM

**Ages 10 – 17
\$40.00**

June 20 – August 12
2:00 p.m. – 3:00 p.m.

The Junior Guard program allows youths between **10-17 years** of age an opportunity to improve their swimming skills, receive a basic understanding of water rescue, first aid, beginning and intermediate snorkeling skills and canoeing skills. The cost of the program will include one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. This program is not eligible for the two team discount rate. **Program limited to 20 participants. This program is not eligible for an additional team discount. Check with pool clerk for last day to register.**

NOVICE TEAM SPORTS

**Ages 7 – 17
\$60.00 for Swim team
\$50.00 for Artistic Swim team
\$45.00 for each additional team sport**

Designed for entry-level competitors. Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete. Participants compete in a Department-sponsored Swimming league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced. Fees includes t-shirt and awards. A team sport awards banquet is scheduled for the last week of summer. Athletes who compete in two or more meets and/or sports will receive a combined participation award.

*Team members must attend a minimum of 2 workouts per week to compete in meets.

SWIM TEAM

June 20 – August 26
Monday - Friday, 5:00 p.m. – 6:00 p.m.

ARTISTIC SWIM TEAM

June 20 – August 26
Monday - Friday, 4:00 p.m. - 5:00 p.m.

LESSON LEVELS

Preschool Aquatics: 4 yrs. – 6 yrs.
Children: 7 yrs. – 17 yrs. **Adult:** 18 & older

Preschool Aquatics (Level 1 to 3) – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) – Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water.

Advanced Beginner (Level 3) – Participants learn advanced skill, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine their performance of all six swimming strokes.

**PRIVATE &
SEMI-PRIVATE LESSONS**

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS

Adult, Child, Senior, Adaptive
1 Private Lesson: \$27.00,
4 Private Lessons = \$108.00

SEMI-PRIVATE LESSONS (2 Students only)

Adult, Child, Senior, Adaptive
\$20.00 Per lesson per student x 2 students = \$40.00
4 Lessons = \$160.00

**GROUP LESSON
REGISTRATION INFORMATION**

YOUTH - \$67.00 ADULT - \$67.00

- Online and In-person registration available
- Online registration limited to 5/lesson
- Make checks payable to:
L.A. City Department of Recreation and Parks
- No refunds unless a class is canceled.
- All refunds will be assessed an administration fee.
- Lessons are 25 minutes in length.
- A swim assessment may be required prior to registration.
- Fees must be paid at the time of registration.
NO EXCEPTIONS.

REGISTRATION LINKS

Online: <https://bit.ly/RAPreg>



GROUP LESSON SESSIONS

MONDAY THROUGH FRIDAY

10 Lessons/2 weeks **YOUTH/ADULT**

Session 1.....June 20 - July 1
Session 2..... July 5 - July 15
Session 3..... July 18 - July 29
Session 4..... Aug 1 - Aug 12

(Late Afternoon Lessons ONLY)

Session 5..... Aug 15 - Aug 26

SATURDAY & SUNDAY

8 Lessons/4 weeks **ADAPTIVE**

Session 1.....June 20 - July 17
Session 2..... July 18 - Aug 14

GROUP LESSONS SCHEDULE

Sessions 1 – 2

Beginner Mon - Fri 11:00 a.m. - 11:25 a.m.
Adv. Beginner Mon - Fri 11:00 a.m. - 11:25 a.m.
Preschool Aquatics . Mon - Fri 11:30 a.m. - 11:55 a.m.
Beginner Mon - Fri 11:30 a.m. - 11:55 a.m.

Intermediate Mon - Fri 12:00 p.m. - 12:25 p.m.
Water Confidence ... Mon - Fri 12:30 p.m. - 12:55 p.m.
Beginner Mon - Fri 1:00 p.m. - 1:25 p.m.
Adv. Beginner Mon - Fri 1:30 p.m. - 1:55 p.m.

Beginner Mon - Fri 3:30 p.m. - 3:55 p.m.
Adv. Beginner Mon - Fri 4:00 p.m. - 4:25 p.m.
Intermediate Mon - Fri 4:30 p.m. - 4:55 p.m.
Beginner Mon - Fri 5:00 p.m. - 5:25 p.m.
Adv. Beginner Mon - Fri 5:30 p.m. - 5:55 p.m.
Preschool Aquatics . Mon - Fri 6:00 p.m. - 6:25 p.m.

ADULT LESSONS

Adult Mon - Fri 6:30 p.m. - 6:55 p.m.

ADAPTIVE LESSONS

Adaptive Mon - Fri 3:00 p.m. - 3:25 p.m.
Adaptive Sat & Sun 1:00 p.m. - 1:25 p.m.
Adaptive Sat & Sun 1:30 p.m. - 1:55 p.m.

Sessions 3 – 4

Please see pool clerk for details

Session 5

Adv. Beginner Mon - Fri 4:00 p.m. - 4:25 p.m.
Intermediate Mon - Fri 4:30 p.m. - 4:55 p.m.
Adaptive Mon - Fri 5:00 p.m. - 5:25 p.m.
Adult Mon - Fri 5:30 p.m. - 5:55 p.m.
Beginner Mon - Fri 6:00 p.m. - 6:25 p.m.
Adv. Beginner Mon - Fri 6:00 p.m. - 6:25 p.m.
Beginner Mon - Fri 6:30 p.m. - 6:55 p.m.
Preschool Aquatics . Mon - Fri 6:30 p.m. - 6:55 p.m.

The classes and programs in this brochure may be subject to change/cancellation