Walk-In Registration  
Monday, February 10, 2020

Calorie Counting– Spring

Payment Process
Full Payment for all classes is due at the time of registration. Methods of payment accepted: Checks, Credit Card

Please make all checks payable to:
Credit Cards Accepted

A Collection Fee will be charged for each check returned by Bank.

Winter Class Schedule

Classes BEGIN the week of April 6, 2020

Important Information

- All classes are on a first come first served basis.
- Participants must have reached the minimum age for classes by the first day.
- Classes will not be in session on holidays observed by the City of Los Angeles.
- Any class that is cancelled by Northridge Recreation Center Staff will be made up at the end of the session.

Refund Policy

Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee per participant is assessed for all refunds. Changes or transfers per class, sports league or day camp registration may be assessed additional fees. After the first day of a session, the Recreation Center issues a partial refund to patrons withdrawing from the activity.
CLASS SCHEDULE

**Dance**

**Pre Ballet**
- Instructor: Mello
- Class Location: Dance Room in Devonshire House
- Cost: $80/8 wks

**Ballet I**
- Instructor: Mello
- Class Location: Dance Room in Devonshire House
- Cost: $80/8 wks

**Level 1 Vinyasa Yoga**
- Instructor: Alas
- Class Location: Devonshire House
- Cost: $90/10wks

**ZUMBA**
- Instructor: Ayala
- Class Location: Dance Room in Devonshire House
- Cost: $80/10wks

**Drama**

**Theatre: Youth Co.**
- Instructor: Allen
- Class Location: Devonshire House.
- Description: Enhance your acting, singing, and performance skills. This course covers stage, acting, direction, singing techniques, and choreography.
- Cost: $80/8wks

**Theatre: Teen Co.**
- Instructor: Allen
- Class Location: Devonshire House.
- Description: Enhance your acting, singing, and performance skills. This course covers stage, acting, direction, singing techniques, and choreography.
- Cost: $80/8wks

**Fitness**

**Kids Tennis- Beginning**
- Instructors: Buras & Imamura
- Class Location: Tennis Courts
- Cost: $90/8wks
- Description: Zumba combines Latin and International music with a fun and effective work out system.

**Level 1 Vinyasa Yoga**
- Instructor: Alas
- Class Location: Devonshire House
- Cost: $90/10wks

**Drama**

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- Instructor: Allen
- Class Location: Devonshire House.
- Description: Enhance your acting, singing, and performance skills. This course covers stage, acting, direction, singing techniques, and choreography.
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- Class Location: Tennis Courts
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- Description: Zumba combines Latin and International music with a fun and effective work out system.

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.

Achieving gender equity through a continuous commitment to girls and women in sports.
### Kids Tennis - Intermediate

<table>
<thead>
<tr>
<th>Instructor: Buras</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students must bring their own racket &amp; 1 unopened new can of tennis balls.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Day of week</strong></th>
<th><strong>Time</strong></th>
<th><strong>Age</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>6:30pm - 7:30pm</td>
<td>10-14yrs</td>
</tr>
<tr>
<td>Wednesday</td>
<td>6:30pm - 7:30pm</td>
<td>7-12yrs</td>
</tr>
</tbody>
</table>

### Kids Match Play - Adv.

<table>
<thead>
<tr>
<th>Instructor: Buras</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bring your own racket &amp; 1 unopened new can of tennis balls.</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
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<th><strong>Time</strong></th>
<th><strong>Age</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>7:30pm - 8:30pm</td>
<td>9-17yrs</td>
</tr>
</tbody>
</table>

### Shotokan Karate

<table>
<thead>
<tr>
<th>Instructor: Taheri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class Location: Devonshire House.</td>
</tr>
<tr>
<td>Description— Shotokan Karate is a striking style of martial arts that teaches through a series of basics, forms and sparring how to defend oneself. Uniform not included in class fee.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Day of week</strong></th>
<th><strong>Time</strong></th>
<th><strong>Age</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>5:00pm - 6:00pm</td>
<td>5-12yrs</td>
</tr>
<tr>
<td>Wednesday</td>
<td>6:00pm - 7:00pm</td>
<td>5-12yrs</td>
</tr>
</tbody>
</table>

### Tai Chi

<table>
<thead>
<tr>
<th>Instructor: Bonet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class Location: Gymnasium</td>
</tr>
<tr>
<td>Description— Tai Chi is an ancient Chinese tradition that is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Day of week</strong></th>
<th><strong>Time</strong></th>
<th><strong>Age</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:15am - 10:15am</td>
<td>15-adult</td>
</tr>
</tbody>
</table>

### Piano-Beginning

<table>
<thead>
<tr>
<th>Instructor: Steffes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class Location: Gym’s Multipurpose Room.</td>
</tr>
<tr>
<td>Each class is a 30 min individual session.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Day of week</strong></th>
<th><strong>Time</strong></th>
<th><strong>Age</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturdays</td>
<td>10:00am - 10:30am</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>10:30am - 11:00am</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>11:00am - 11:30am</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>11:30am - 12:00pm</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>12:00pm - 12:30pm</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>12:30pm - 1:00pm</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>1:00pm - 1:30pm</td>
<td>7-9yrs</td>
</tr>
<tr>
<td>Saturdays</td>
<td>1:30pm - 2:00pm</td>
<td>7-9yrs</td>
</tr>
</tbody>
</table>
WE NEED YOU TO COACH

You get to choose your own practice day/time

MAKE A DIFFERENCE IN YOUR COMMUNITY!

VOLUNTEER COACHES NEEDED FOR:

- Soccer
- Volleyball
- Basketball
- Flag Football
- Softball
- Baseball

FOR INFO CALL: 818-349-7341 ASK FOR DWAYNE

THE CLASSES AND PROGRAMS IN THIS BROCHURE MAY BE SUBJECT TO CANCELLATION.

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.

Piano $140/8wks

Instructors: Neal/Bashi
Class Location: Gym’s Multipurpose Room.
Students must provide their own guitar and should have access to any other appropriate instrument to practice on.
Each class is a 30 min individual session. Ages: 7-adult

<table>
<thead>
<tr>
<th>Day of week</th>
<th>Time</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>2:30pm—3:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Monday</td>
<td>3:00pm—3:30pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Monday</td>
<td>3:30pm—4:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Monday</td>
<td>4:00pm—4:30pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Monday</td>
<td>4:30pm—5:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>4:00pm—4:30pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>4:30pm—5:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>5:00pm—5:30pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>5:30pm—6:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>6:00pm—6:30pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Wednesday</td>
<td>6:30pm—7:00pm</td>
<td>Neal</td>
</tr>
<tr>
<td>Thursday</td>
<td>6:30pm—7:00pm</td>
<td>Bashi</td>
</tr>
<tr>
<td>Thursday</td>
<td>7:00pm—7:30pm</td>
<td>Bashi</td>
</tr>
<tr>
<td>Thursday</td>
<td>7:30pm—8:00pm</td>
<td>Bashi</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:00pm—8:30pm</td>
<td>Bashi</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:30pm—9:00pm</td>
<td>Bashi</td>
</tr>
</tbody>
</table>

Instructor: Mark Anthony Bonnet

Tai Chi

Tai Chi is a non-aggressive, self-defense martial art form developed in ancient China. It uses gentle flowing movements to stretch and tone muscles, promote greater coordination and balance, calm mind and rejuvenates the body.

CLASS: MONDAYS
TIME: 9:15am-10:15am
AGE: 15-Adult
$90/10 WEEKS
*Uniform not included
FEES: $40.00

Fee Includes: Uniform, Trophy, Administration, Official Fees, and Equipment.
Payment is required in full at the time of registration.

*ALL DATE SUBJECT TO CHANGE WITHOUT NOTICE
We reserve the right to combine or change divisions as necessary to enable all children to have the opportunity to participate in

Online registration: Saturday February 1, 2020– 9:00 am.
Walk-in registration: Saturday February 10, 2020– 9:00 am.

Registration will continue until all divisions are full.

PROOF OF AGE IS REQUIRED AT THE TIME OF REGISTRATION

Age is determined as of January 1, 2020.
Division determined by year of birth.

A non-refundable 15% administrative fee will be accessed by the Recreation Center for any patron granted a refund, change, transfer per class, or sports league registration. No full refunds will be issued unless a class or sports league is cancelled by the recreation center.

Raise the Bar: Achieving Gender Equity through a continuous commitment to girls and women in sports.
Persons with disabilities are welcome to participate in our programs. Reasonable accommodations may be made with prior arrangements.
2020 Youth Sports League Year at a Glance

*Additional information regarding each sport is available in the Park Office or on our Web Page through reg.laparks.org*

(Dates and times are subject to change or cancellation. Many programs fill up fast. Please register early)

### Summer League
**Basketball 2020**
- Ages: Co-Rec. 4-17 years (Born 2002-2015)
  - GPLA 8-15 years (Born 2004-2010)
- Season: Monday, July 6, 2020 - Saturday, September 12, 2020
- Online Registration: May 2, 2020
- Walk-In Registration: May 2, 2020 until full

### Baseball / T-Ball
**Spring 2020**
- Ages: Co-Rec. 4-12 years (Born 2007-2016)
- Season: Monday, April 13, 2020 - Saturday, June 13, 2020
- Online Registration: February 1, 2020
- Walk-In Registration: February 1, 2020 until full

### Flag Football
**Fall 2020**
- Ages: Co-Rec. & Girls Division: 7-12 years (Born 2007-2013)
- Season: Monday, September 28, 2020 - Saturday, November 24, 2020
- Online Registration: July 27, 2020
- Walk-In Registration: July 27, 2020 until full

### Volleyball
**Spring 2020**
- Ages: Girls 8-15 years (Born 2004-2011)
- Season: Monday, April 13, 2020 - Saturday, June 13, 2020
- Online Registration: February 1, 2020
- Walk-In Registration: February 1, 2020 until full

### Soccer
**Spring 2020**
- Ages: Co-Rec. 3-12 years (Born 2007-2016)
  - Girls: 9-12 years (Born 2006-2009)
- Season: Monday, April 13, 2020 - Saturday, June 13, 2020
- Online Registration: February 1, 2020
- Walk-In Registration: February 1, 2020 until full

### Winter League
**Basketball 2019/2020**
- Ages: Co-Rec. 4-17 years (Born 2002-2015)
  - GPLA 9-15 years (Born 2004-2009)
- Season: Monday, January 6, 2020 - Monday, March 2, 2020
- Online Registration: November 2, 2019 - November 30, 2020
- Walk-In Registration: November 2, 2020 until full

### Girls Softball
**Spring 2020**
- Ages: Co-Rec. 9-15 years (Born 2004-2010)
- Season: Monday, April 13, 2020 - Saturday, June 13, 2020
- Online Registration: February 1, 2020
- Walk-In Registration: February 1, 2020 until full

### Volleyball
**Fall 2020**
- Ages: Girls 8-15 years (Born 2004-2011)
- Season: Monday, September 28, 2020 - Saturday, November 24, 2020
- Online Registration: July 27, 2020
- Walk-In Registration: July 27, 2020 until full

### Soccer
**Fall 2020**
- Ages: Co-Rec. 3-12 years (Born 2007-2016)
  - Girls: 9-12 years (Born 2005-2008)
- Season: Monday, September 28, 2020 - Saturday, November 24, 2020
- Online Registration: July 27, 2020
- Walk-In Registration: July 27, 2020 until full

**Good Sportsmanship is Everyone’s Responsibility. Be a Good Sport.**
**SPRING 2020**

**YOUTH BASEBALL**

**Fees:**

Baseball: $125.00

Fee Includes: Uniform, Trophy, Administration, Official Fees, and Equipment. Payment is required in full at the time of registration.

Season will begin late April, 2020 for 7-10 weeks.

Practices and games will be held at Northridge Park and other local Recreation Centers.

Season will run April through June.

**Divisions**

<table>
<thead>
<tr>
<th>Division</th>
<th>Age</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>T-Ball</td>
<td>4-6 Years Old</td>
<td>2014-2016</td>
</tr>
<tr>
<td>Coach Pitch</td>
<td>7-8 Years Old</td>
<td>2012-2013</td>
</tr>
<tr>
<td>Minors</td>
<td>9-10 Years Old</td>
<td>2010-2011</td>
</tr>
<tr>
<td>Majors</td>
<td>11-12 Years Old</td>
<td>2008-2009</td>
</tr>
</tbody>
</table>

League may be combined where necessary.

(All leagues and programs are subject to change without notice)

**Registration**

Online registration: Saturday February 1, 2020 – 9:00 am.

Walk-in registration: Monday February 10, 2020 – 9:00 am.

Registration will continue until all divisions are full.

PROOF OF AGE IS REQUIRED AT THE TIME OF REGISTRATION.

Age is determined as of January 1, 2020.

Division determined by year of birth.

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**SPRING 2020**

**YOUTH SOCCER**

**Fees:**

$125.00 - Rookies, Pee-Wee, Elementary Divisions $110.00 - Lil’ Kickers

Fee Includes: Uniform, Trophy, Administration, Official Fees, and Equipment.

Payment is required in full. Season will begin late April, 2020 for 7-10 weeks (tentatively). Practices and games will be held at Northridge Park and other local Recreation Centers at the time of registration.

**Divisions**

<table>
<thead>
<tr>
<th>Division</th>
<th>Age</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lil’ Kickers</td>
<td>3-4 Years Old</td>
<td>2015-2016</td>
</tr>
<tr>
<td>Rookies</td>
<td>5-6 Years Old</td>
<td>2013-2014</td>
</tr>
<tr>
<td>Pee-Wee’s</td>
<td>7-8 Years Old</td>
<td>2011-2012</td>
</tr>
<tr>
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**Registration**

Online registration: Saturday February 1, 2020 – 9:00 am.

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Registration will continue until all divisions are full.

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Reg.Laparks.org
Kamp Kaleidoscope

SPRING CAMP
APRIL 6-10, 2020
OPEN 7:30AM-6:00PM
- Kinder-7th Grade  5-12 yrs old
- Field Trips  Group Games  Arts & Crafts
- Science & STEM  Cooking

SUMMER CAMP
JUNE 15-AUGUST 13
* Tiny Tots (3 & 4yrs)  * Day Camp (K-7th)  * Sports Camp (3rd-7th)
(9:00am—12:00 pm)  (7:30am-6:00pm)  (7:30am-6:00pm)
- Water Play & Daily Swim Time  Weekly Special Events
- Spirit Stick  Field Trips
- Sports & Group  Cooking  Science & STEM

For more information & pricing visit our Webpage at:
Laparks.org/reccenter/northridge
Preschool Program

Ages 3-5 (must be toilet trained)
Monday–Thursday
9am-12pm

Northridge Preschool helps children achieve school readiness while they enjoy learning through our program!

$40.00 Registration Fee
$70.00 Weekly Charge

AfterSchool Program

Monday-Friday
2pm-6pm
Ages 5-12

$40.00 Registration Fee
$70.00 Weekly Fee 4-5 day/week
$55.00 Weekly Fee 1-3 day/week

We pick up children from Darby, Topeka Elementary, and Nobel Middle School.

Grades: Kinder – 7th

Children will receive homework assistance, enjoy arts & crafts, games, sports, free play, daily snack, playground fun and more!
ACKNOWLEDGEMENT OF POLICIES and RELEASE OF LIABILITY

LIABILITY & MEDICAL ATTENTION CONSENT

I, the undersigned, agree to relieve the City of Los Angeles, Department of Recreation and Parks, its officers, agents, and employees from any liability from injuries to myself and/or any above listed participant in connection with activities in this program. I also hereby authorize the City of Los Angeles to act as agent for the undersigned; to consent for any X-Ray examination, anesthetic, medical or surgical diagnosis, treatment/hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and/or surgeon licensed under the provisions of the Medicine Practice Act and on the medical staff of a licensed hospital; whether such diagnosis or treatment is rendered at the office of said physician or at said hospital. This authorization is given in advance of any specific diagnosis/treatment, etc., and is given to provide authority to aforesaid agents to give specific consent. This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. I understand that the Park carries NO INSURANCE.

PHOTO RELEASE: By registering I agree to allow the City of LA Department of Recreation & Parks, the Northridge Recreation Center, its agents and assigned representatives to use photographs, video tapes, and testimonials of participants for use in publicity materials free of any fee or usage charge. As it is difficult to pull individuals out of photographs & film, I understand that there is not an option for myself or my child(ren) to be excluded.

REFUND POLICY: Refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds. Changes or transfers per class, sports league or day camp registration may be assessed additional fees. After the first day of a session, the Recreation Center may issue a partial refund to patrons withdrawing from the activity. Please allow 6-8 weeks for processing of all refunds. Credits or make-ups will not be given for classes missed by the patron.

Northridge Recreation Center Administration reserves the right to cancel or combine any class due to low enrollment.

I have read, understand, and agree to abide by the above mentioned policies and practices.

Signature __________________________ Print Name __________________________ Date ________________

For Staff Use Only.

<table>
<thead>
<tr>
<th>Receipt Number</th>
<th>Date</th>
<th>Staff Name</th>
<th>Total Paid</th>
</tr>
</thead>
</table>
Reservations for Northridge Park picnic sections require a permit application to be filled out and approved through Northridge Recreation Center’s office. Parties are only permitted in the picnic table area of the park. For pricing and availability, please contact the office at:

(818) 349-7341.

Volunteer with us!

We are always looking for volunteers interested in assisting us with facility activities, classes, and special events. All persons must be fingerprinted and cleared through the City of LA Department of Recreation & Parks prior to volunteering. For more information on becoming a volunteer and the fingerprinting process, please contact the office.

(818) 349-7341