



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

## **PALISADES RECREATION CENTER**

EMAIL US AT: [PALISADES.RC@LACITY.ORG](mailto:PALISADES.RC@LACITY.ORG)

# WINTER 2026



# **CO-ED & GIRLS BASKETBALL**

**PALI STRONG**



## **Rookie and Bantams @ Rustic Cyn Minors & Up @ Palisades High School**



**ONLINE REGISTRATION MONDAY, NOV. 3RD, 2025 AT 10AM  
[WWW.LAPARKS.ORG/RECCENTER/PALISADES](http://WWW.LAPARKS.ORG/RECCENTER/PALISADES)**

**All Games on Saturdays**  
**Game's begin: Jan. 10, 2026**  
**Practices begin: Jan 5th**

**Game Days: Saturdays**  
**Game Times: Rustic Cyn & 2 gyms @ Pali HS: TBA**  
**Practice locations: Rustic Cyn and Oakwood RC**  
**Practices and Games are Indoors**

### **FEE \$200**

(Age determined as of Jan. 1, 2026)

**ROOKIE: 2019-2020 year born**

**BANTAM: 2017-2018 year born**

**MINOR: 2015-2016 year born**

**MAJOR: 2013-2014 year born**

**JUNIOR: 2010-2012 year born**

### **EVALUATIONS:**

(ROOKIES N/A)

**SAT. DEC. 6TH @ PALI REC**

#### **CO-ED & GIRLS EVALUATION TIMES:**

**9AM BANTAM, 10:30AM MINORS**

**12PM MAJORS, 12:45PM JUNIORS**

**1:30PM GIRLS BANTAM, 2:30PM GIRLS MINORS**

**3:30PM GIRLS MAJORS, 4:00PM GIRLS JUNIORS**

**DUE TO LIMITED GYM TIME THERE ARE  
NO MAKE UP EVALS.**

### **Coaches Draft at Pali RC**

**Co-ed: Monday, Dec. 8<sup>th</sup> 4-8pm**

**Girls: Tuesday, Dec. 9<sup>th</sup> 4-8pm  
(specific times TBA)**



### **VOLUNTEER COACHES NEEDED**

**PLEASE EMAIL: [PALISADES.RC@LACITY.ORG](mailto:PALISADES.RC@LACITY.ORG)**

- Registration fees include uniform, award, officials, and staff costs. Coaches are parent/volunteers.
- **Practices will begin Jan 5, 2026. Games will be played approx. Jan.11-March 14, 2026**
- Player request (not guaranteed) will only be taken at the Rookie level. **Request deadline: Dec. 1, 2025**
- Park reserves the right to cancel or combine divisions. **Evaluations are strongly encouraged.**
- [Palisades.rc@lacity.org](mailto:Palisades.rc@lacity.org) will **email you with team information by Fri. Dec. 12, 2025**
- Please **contact us if you do not receive team information by Mon. Dec. 15, 2025**
- **Refund Policy: email [Palisades.rc@lacity.org](mailto:Palisades.rc@lacity.org) to request a refund. Requests must be made by Dec. 20, 2025.**
- **No refunds after this date. There is a 15% administrative fee for ALL refund requests.**
- **\*Follow our park account on Instagram for updates/flyers: @PalisadesRC\***
- **PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify. Ask for details.**



Achieving gender equity through a continuous commitment to Girls and Women in sports. Persons with disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible. Good sportsmanship is everyone's responsibility. It starts with you!