



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

ROZ WYMAN - PALMS PARK

2950 OVERLAND AVENUE, LOS ANGELES, CA 90064

PALMS.RECREATIONCENTER@LACITY.ORG 310-838-3838



Registration
Ongoing

Available
for Ages
18+

DANZAN RYU JUJITSU

Tuesdays 6:30-8:30pm \$24-48/month

Thursdays 6:30-8:30pm \$24-48/month

The Martial Art of Danzan Ryu Jujitsu consists of techniques for self-defense, health enhancement and personal development. Our system relies on the proper use of technique to overcome adversity, rather than sheer muscular strength.

Our dojo culture promotes personal growth in a welcoming and constructive environment. Arts you will learn in class include, escapes from holds, joint locks, throws, holds, rolls & falls and restorative and healing arts, such as massage.



Co-Instructors:

Hillary Kaplowitz, 7th Degree Black Belt



Hillary Kaplowitz holds the nationally recognized rank of 6th degree black belt in Danzan Ryu Jujitsu and the title of Professor from the American Judo and Jujitsu Federation (AJJF). Prof. Kaplowitz began training as a youth and has been teaching Martial Arts since 2000, promoting 10 students to the rank of black belt and beyond.

Ralph Rosas, 3rd Degree Black Belt

Ralph Rosas trained with Prof Kaplowitz's for many years and now holds the nationally recognized rank of 3rd Degree Black Belt in Danzan Ryu Jujitsu. Sensei Rosas has been teaching alongside Prof Kaplowitz for over 15 years and has served the organization (AJJF) as Regional Black Belt Exam Coordinator.

Nathalie Chapple, 4th degree Black Belt

Nathalie has studied under Prof Kaplowitz for over 20 years. She holds the AJJF rank of Sandan-3rd degree Blackbelt. Sensei Nathalie had her own Danzan Ryu kids' dojo in Los Angeles for 5 years and continues to teach alongside Prof Kaplowitz and Sensei Rosas. She is serving on the AJJF Board of Directors and Chair of the Council of Senior Instructors.

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PALMS PARK?
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A 15% administrative fee will be assessed by the City of Los Angeles Dept. of Recreation and Parks for any patron granted a refund. Full refunds will only be given if a program is cancelled by the center. There are no refunds or credits for missed days.

Rates are subject to change and programs are subject to cancellation. If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility (310.838.3838), or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.

If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.