



RESEDA RECREATION CENTER

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
18411 VICTORY BLVD, RESEDA CA 91335 OFFICE: (818)881-3882

FALL 2025 BROCHURE

GO TO OUR WEBSITE AT WWW.LAPARKS.ORG/RECCENTER/RESEDA TO ENROLL ONLINE! .
OR COME IN PERSON TO SIGN UP!

SCAN THE CODE TO REGISTER



OFFICE: (818)881-3882

EMAIL: RESEDA.RECREATIONCENTER@LACITY.ORG

REGISTER: WWW.LAPARKS.ORG/RECCENTER/RESEDA

FOLLOW US ON INSTAGRAM @ RESEDA_PARK

FOLLOW US ON FACEBOOK @ [FACEBOOK.COM/RESEDA.PARK.7](https://www.facebook.com/RESEDA.PARK.7)

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FALL CLASSES AT A GLANCE

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
18411 VICTORY BLVD, RESEDA CA 91335 OFFICE: (818)881-3882

REGISTRATION BEGINS: SEPTEMBER 8

GO TO OUR WEBSITE AT WWW.LAPARKS.ORG/RECCENTER/RESEDA TO ENROLL ONLINE! OR COME IN PERSON TO SIGN UP!

| | CLASS NAME | AGE | TIME | DATES | FEE | LOCATION |
|------------|--------------------------------------|-------|----------------|----------------|--------------|------------------------|
| MONDAYS | AIKIDO | 7-10 | 6PM-7PM | OCT 6 - DEC 1 | \$10 | Dance Room |
| | BASEBALL | 13-15 | 6PM-7PM | OCT 6 - DEC 1 | \$10 | Louise Park |
| | BEG. ADULT TENNIS | 18+ | 9:30AM-10:30AM | OCT 7 - DEC 2 | \$60 | Tennis Courts |
| TUESDAYS | BOXING | 18+ | 11AM - 12PM | OCT 7 - DEC 2 | \$50 | Dance Room |
| | OUTDOOR BASKETBALL CLASS | 5-6 | 5PM-6PM | OCT 7 - DEC 2 | \$10 | Small Basketball Court |
| | OUTDOOR BASKETBALL CLASS | 7-8 | 6PM-7PM | OCT 7 - DEC 2 | \$10 | Small Basketball Court |
| | GPLA "Girls Only" OUTDOOR BASKETBALL | 5-6 | 5PM - 6PM | OCT 7 - DEC 2 | \$10 | Small Basketball Court |
| | GPLA "Girls Only" OUTDOOR BASKETBALL | 7-8 | 6PM - 7PM | OCT 7 - DEC 2 | \$10 | Small Basketball Court |
| WEDNESDAYS | BEG. TENNIS | 5-7 | 5:30PM-6:30PM | OCT 8 - NOV 26 | \$10 | Tennis Courts |
| | BEG. TENNIS | 8-10 | 6:30PM-7:30PM | OCT 8 - NOV 26 | \$10 | Tennis Courts |
| | GIRLS ONLY BEG. TENNIS | 8-11 | 7:30PM-8:30PM | OCT 8 -NOV 26 | \$10 | Tennis Courts |
| | AIKIDO | 11-15 | 6PM-7PM | OCT 8 - NOV 26 | \$10 | Dance Room |
| THURSDAYS | FABRIC PAINTING | SR. | 9:30AM-12:30PM | OCT 9 - DEC 4 | \$1 MONTHLY* | Rec Room |
| | BASEBALL | 9-12 | 6PM-7PM | OCT 9 - DEC 4 | \$10 | Louise Park |
| | TAI CHI | 18+ | 6PM-8PM | OCT 9 - DEC 4 | \$80 | Dance Room |
| FRIDAYS | BOXING | 7-12 | 4PM-5PM | OCT 10 - DEC 5 | \$10 | Dance Room |
| | BEG.TENNIS | 11-15 | 5:30PM-6:30PM | OCT 10 - DEC 5 | \$10 | Tennis Courts |
| | INTERMEDIATE TENNIS | 12-15 | 6:30PM-7:30PM | OCT 10 - DEC 5 | \$10 | Tennis Courts |
| | GPLA "Girls Only" SOFTBALL | 8-11 | 6:00PM-7:00PM | OCT 10 - DEC 5 | \$10 | Louise Park |
| | ADULT BEG. - INTERMEDIATE TENNIS | 18+ | 7:30PM-8:30PM | OCT 10 - DEC 5 | \$60 | Tennis Courts |
| MON-FRI | CARDIO DANCE | 18+ | 9:30AM-11:00AM | ONGOING | \$20 MONTHLY | Dance Room |
| SAT | | | 9:00AM-10:00AM | | | |
| MON, WED | ADULT AIKIDO | 18+ | 7PM-8PM | ONGOING | \$70 MONTHLY | |
| SAT | | | 10AM-11AM | | | |



"PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR CLASSES AND PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER.

PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE."

"ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS." INFORMATION ON THIS FLYER IS SUBJECT TO CHANGE OR CANCELLATION WITHOUT PRIOR NOTICE.





RESEDA RECREATION CENTER FALL YOUTH CLINICS

-MEET ONLY 3 TIMES-



CLINICS ONLY MEET ON THE DAYS LISTED.

THERE ARE THREE SESSIONS EVERY OTHER WEEK THAT WILL LAST FOR 2 HOURS EACH.

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Basketball

AGES 5-8

WEDNESDAYS

OCTOBER 15TH,
OCTOBER 29TH, AND
NOVEMBER 12TH
5:00PM - 7:00PM

**\$10
ONLY!**



Basketball

AGES 9-12

WEDNESDAYS

OCTOBER 22ND
NOVEMBER 5TH, AND
NOVEMBER 19TH
6:00PM - 8:00PM

**\$10
ONLY!**

Participants will practice drills and more!

Girls Only Outdoor Basketball

AGES 5-8

WEDNESDAYS

OCTOBER 15TH,
OCTOBER 29TH AND
NOVEMBER 12TH
5:00PM - 7:00PM

**\$10
ONLY!**



Girls Only Outdoor Basketball

AGES 9-12

WEDNESDAYS

OCTOBER 22ND,
NOVEMBER 5TH, AND
NOVEMBER 19TH
6:00PM - 8:00PM

**\$10
ONLY!**

Participants will practice drills and more!

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ALL INFORMATION/ ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCEL WITHOUT NOTICE.

THERE ARE NO REFUNDS UNLESS THE CLASS IS CANCELED BY THE RECREATION CENTER.

LA IS HOSTING THE 2028 OLYMPICS/ PARALYMPICS. THROUGH THE PLAYLA PROGRAM, YOUTH OF ALL ABILITIES WILL HAVE THE OPPORTUNITY TO ACCESS TO QUALITY SPORTS AVAILABLE FROM THEIR LOCAL NEIGHBORHOOD RECREATION CENTER. PLAYLA WELCOMES ALL YOUTH FOR ONLY \$10 PER REGISTRATION TO ELIMINATE ECONOMIC BARRIERS AND PROMOTE RECREATION THAT IS INCLUSIVE OF ALL COMMUNITIES IN LOS ANGELES.



RESEDA RECREATION CENTER

ADULT CLASSES



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-MONTHLY CLASSES-

Fabric Painting

Senior Citizens

Thursdays: 9:30am-12:30pm

\$1 per month

Participants must provide
their own fabric.

Come and paint with us!



Aikido

Ages 18+

Monday, Wednesday: 7pm-8pm

Saturday: 10am-11:00am

\$70 monthly

A Japanese form of self defense,
directing attacks away from you.



Cardio Dance

Ages 18+

Monday-Friday: 9:30am-11:00am

Saturday: 9:00am-10:00am

\$20 monthly.

A high energy cardio dance
workout class.



-SEASONAL CLASSES-

Adult Beginner Tennis

Ages 18+

Tuesdays: 9:30am-10:30am

\$60

October 7 - December 2

Participants will learn proper
racket etiquette, ball control, and
more.



Tai Chi

Ages 18+

Thursdays: 6pm-8pm

\$80

October 9 - December 4

Participants will get a low impact
form of martial art that puts
minimal stress on muscles and
joints.



Adult Beginner - Intermediate Tennis

Ages 18+

Fridays: 7:30pm-8:30pm

\$60

October 10 - December 5

Participants will learn and practice
proper racket etiquette, ball control,
and rally with other players of a
similar level.



Boxing

Ages 18+

Fridays: 11am-12pm

\$50

October 7 - December 2

Participants will learn how
understand how to move in out of
range, creating angles and more.



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RESEDA RECREATION CENTER YOUTH CLASSES



-FALL 8 WEEK CLASSES-

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Aikido

Mondays: 6pm-7pm

Ages 7-10

October 6 - December 1



Wednesdays: 6pm-7pm

Ages 11-15

October 11 - September 26

Outdoor Basketball

Tuesdays: 5pm-6pm

Ages 5-6

October 7 - December 2



Tuesdays: 6pm-7pm

Ages 7-8

October 7 - December 2

Baseball

Thursdays: 6pm-7pm

Ages 9-12

October 9 - December 4



Mondays: 6pm-7pm

Ages 13-15

October 6 - December 1

Girls Only Outdoor Basketball

Tuesdays: 5pm-6pm

Ages 5-6

October 7 - December 2



Tuesdays: 6pm-7pm

Ages 7-8

October 7 - December 2

GPLA Girls only

Softball



Fridays: 6pm-7pm

Ages 8-11

October 10 - December 5

Boxing

Fridays: 6pm-7pm

Ages 7-12

October 10 - December 5



\$10

ONLY!

GPLA Girls only Beginner Tennis

Wednesdays: 7:30pm-8:30pm

Ages 8-11

October 8 - November 26



Beginner Tennis

Wednesdays: 5:30pm-6:30pm

Ages 5-7

October 8 - November 26

Wednesdays: 6:30pm-7:30pm

Ages 8-10

October 8 - November 26

Fridays: 5:30pm-6:30pm

Ages 11-15

October 10 - December 5



Intermediate Tennis

Fridays: 6:30pm-7:30pm

Ages 12 - 15

October 10 - December 5



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