



CLASSES AT A GLANCE



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
18411 VICTORY BLVD, RESEDA CA 91335 OFFICE: (818)881-3882

REGISTRATION BEGINS: DECEMBER 8TH, 2025

GO TO OUR WEBSITE AT WWW.LAPARKS.ORG/RECCENTER/RESEDA TO ENROLL
ONLINE! OR COME IN PERSON TO SIGN UP!



SCAN THE CODE TO REGISTER

All information in this brochure is subject to change or cancellation

MONDAYS	CLASS NAME	AGE	TIME	START DATE	FEE	LOCATION
	AIKIDO	7-10	6PM-7PM	JAN 12 - MARCH 16	\$10	DANCE ROOM
	CO-REC VOLLEYBALL	8-11	5:30PM-6:30PM	JAN 12 - MARCH 16	\$10	FIELD
	CO-REC VOLLEYBALL	12-15	6:30PM-7:30PM	JAN 12 - MARCH 16	\$10	FIELD
	GIRLS ONLY VOLLEYBALL	8-11	5:30PM-6:30PM	JAN 12 - MARCH 16	\$10	FIIELD
	GIRLS ONLY VOLLEYBALL	12-15	6:30PM-7:30PM	JAN 12 - MARCH 16	\$10	FIELD
TUESDAYS	BEG. ADULT TENNIS	18+	9:30AM - 10:30AM	JAN 13 - MARCH 3	\$60	TENNIS COURT
	ADULT BOXING	18+	11:00AM - 12:00PM	JAN 13 - MARCH 3	\$50	DANCE ROOM
	GIRLS ONLY BASKETBALL	5-6	5PM-6PM	JAN 13 - MARCH 3	\$10	SMALL BASKETBALL COURT
	GIRLS ONLY BASKETBALL	7-8	6PM-7PM	JAN 13 - MARCH 3	\$10	SMALL BASKETBALL COURT
	OUTDOOR BASKETBALL LIL BALLERS	5-6	5PM-6PM	JAN 13 - MARCH 3	\$10	SMALL BASKETBALL COURT
	OUTDOOR BASKETBALL LIL BALLERS	7-8	6PM-7PM	JAN 13 - MARCH 3	\$10	SMALL BASKETBALL COURT
	INTRO TO TUMBLING	5-7	4PM-5PM	JAN 13 - MARCH 3	\$10	DANCE ROOM
WEDNESDAYS	AIKIDO	11-15	6PM-7PM	JAN 14 - MARCH 4	\$10	DANCE ROOM
	BEGINNER TENNIS	5-7	5PM-6PM	JAN 14 - MARCH 4	\$10	TENNIS COURT
	BEGINNER TENNIS	8-10	6PM-7PM	JAN 14 - MARCH 4	\$10	TENNIS COURT
	GIRLS ONLY BEGINNER TENNIS	8-11	7PM-8PM	JAN 14 - MARCH 4	\$10	TENNIS COURT
	TRACK & FIELD	7-12	3:45PM-4:45PM	JAN 14 - MARCH 4	\$10	SMALL BASKETBALL COURT
THURSDAYS	FABRIC PAINTING	SR.	9AM-12PM	JANUARY 15	\$1	REC ROOM
	TAI CHI	18+	6PM-8PM	JANUARY 15	\$80	DANCE ROOM
FRIDAYS	BEG. TENNIS	11-15	5:30PM-6:30PM	JAN 16 - MARCH 6	\$10	TENNIS COURT
	INTERMEDIATE TENNIS	12-15	6:30PM-7:30PM	JAN 16 - MARCH 6	\$10	TENNIS COURT
	ADULT BEG. - INTERMEDIATE TENNIS	18+	7:30PM - 8:30PM	JAN 16 - MARCH 6	\$60	TENNIS COURT
	BOXING	7-12	4PM-5PM	JAN 16 - MARCH 6	\$10	DANCE ROOM
MON-FRI	CARDIO DANCE	18+	9:15AM-10:30AM	ONGOING	\$20 MONTHLY	DANCE ROOM
SAT			9:00AM-10:00AM			
MON, WED	ADULT AIKIDO	18+	7PM-8PM	ONGOING	\$70 MONTHLY	
SAT			10AM-11AM			

ALL INFORMATION/ ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCEL WITHOUT NOTICE. THERE ARE NO REFUNDS UNLESS THE CLASS IS CANCELED BY THE RECREATION CENTER. LA IS HOSTING THE 2028 OLYMPICS/ PARALYMPICS. THROUGH THE PLAYLA PROGRAM, YOUTH OF ALL ABILITIES WILL HAVE THE OPPORTUNITY TO ACCESS TO QUALITY SPORTS AVAILABLE FROM THEIR LOCAL NEIGHBORHOOD RECREATION CENTER. PLAYLA WELCOMES ALL YOUTH FOR ONLY \$10 PER REGISTRATION TO ELIMINATE ECONOMIC BARRIERS AND PROMOTE RECREATION THAT IS INCLUSIVE OF ALL COMMUNITIES IN LOS ANGELES. "ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS." INFORMATION ON THIS FLYER IS SUBJECT TO CHANGE OR CANCELLATION WITHOUT PRIOR NOTICE* PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR CLASSES AND PROGRAMS.. IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (818-881-3882), OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE.