

City of Los Angeles Department of Rec & Parks
Rio De Los Angeles State Park

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SPORT CONDITIONING

Registration Begins september 8th

FEE \$10

CLASS	DAY	TIME	START/END DATE
SPORT CONDITIONING (6-10YRS)	TUESDAY	6:00PM-7:00PM	10/7-12/2
SPORT CONDITIONING (11-17YRS)	TUESDAY	7:00PM-8:00PM	10/7-12/2
SPORT CONDITIONING (6-10YRS)	THURSDAY	6:00PM-7:00PM	10/9-12/4
SPORT CONDITIONING (11-17YRS)	THURSDAY	7:00PM-8:00PM	10/9-12/4
SPORT CONDITIONING CLINIC (5-10YRS)	TUESDAY	5:30PM-7:30PM	12/9-12/23
SPORT CONDITIONING CLINIC (11-17YRS)	THURSDAY	5:30PM-7:30PM	12/11-12/25



To register visit:
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or Scan Below



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