



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

RIO DE LOS ANGELES STATE PARK

1900 N. SAN FERNANDO ROAD, LOS ANGELES, CA 90065 (323) 276-3015



PARKOUR

Days: Tuesday

Ages: 5—7

Time: 4:30 PM—5:30 PM

Ages: 8—9

Time: 5:30 PM—6:30 PM

Ages: 10—17

Time: 6:30 PM—7:30 PM

Parkour includes running, freerunning, climbing, swinging, vaulting, jumping, plyometrics, rolling, quadrupedal movement (crawling) and other movements as deemed most suitable for the situation.

REGISTRATION INFORMATION:

Registration due in full at time of registration.

A collection fee will be charged for all returned checks.

Make checks payable to City of Los Angeles.

Visa and MasterCard Accepted.

No refunds unless class is cancelled.

Registration begins Dec. 4

Classes begin Jan. 9

and end Feb. 27

To register visit:

tinyurl.com/riodelareg

Or Scan Below



Instagram

Follow us on
Instagram
@riodelosangelessp

\$ 10

8 week
session



Achieving gender equity through a continuous commitment to girls and women in sports.

Good Sportsmanship is Everyone's Responsibility. Be a Good Sport.

Persons with disabilities are welcomed to participate in our classes and programs.

Reasonable accommodations will be made with prior arrangements.

Please be aware that some accommodations may take 30 days or longer.

Please submit your request for an accommodation as soon as possible.