City of Los Angeles Department of Recreation & Parks













TRACK & FIELD

Ages: 5 - 9 Days: Wed. Time: 5:00 PM—6:00 PM Ages: 10 - 17 Days: Wed. Time: 6:00 PM—7:00 PM Fee: \$10

Registration begins Dec. 4
Classes begin Jan. 10
and end Feb. 28

1 2 3 4 5

TO REGISTER GO TO

TINYURL.COM/RIODELAREG

OR SCAN THE QR CODE



START

RIO DE LOS ANGELES STATE PARK

1900 N SAN FERNANDO RD LOS ANGELES CA 90065 PHONE: 323 276-3015 EMAIL: RIODELA.RECREACTIONCENTER.ORG

Track n field promotes endurance and helps your cardiovascular health.
With multiple cardio techniques and endurance training

Registration information:

Registration due in full at time of registration
A collection fee will be charged for all returned checks
Make checks payable to City of Los Angeles
visa and master card accepted
No refunds unless class is canceled

FOLLOW US ON INSTRAGRAM @RIODELOSANGELESSP



Achieving gender equity through a continuous commitment to girls and women in sports.

Good Sportsmanship is Everyone's Responsibility. Be a Good Sport.

Persons with disabilities are welcomed to participate in our classes and programs.

Reasonable accommodations will be made with prior arrangements.

Please be aware that some accommodations may take 30 days or longer.

Please submit your request for an accommodation as soon as possible.