



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

# RIO DE LOS ANGELES STATE PARK

1900 N. SAN FERNANDO ROAD, LOS ANGELES, CA 90065 (323) 276-3015



# PARKOUR

Days: Tuesday

Ages: 5—7

Time: 4:30 PM—5:30 PM

Ages: 8—10

Time: 5:30 PM—6:30 PM

Ages: 11—17

Time: 6:30 PM—7:30 PM

Parkour includes running, freerunning, climbing, swinging, vaulting, jumping, plyometrics, rolling, quadrupedal movement (crawling) and other movements as deemed most suitable for the situation.

## REGISTRATION INFORMATION:

Registration due in full at time of registration.

A collection fee will be charged for all returned checks.

Make checks payable to City of Los Angeles.

Visa and MasterCard Accepted.

No refunds unless class is cancelled.

Registration begins  
November 28

Classes begin the week of  
January 9—14

End the week of  
February 28—March 4

## QUICK LINKS

For more info visit:  
[tinyurl.com/riodelainfo](http://tinyurl.com/riodelainfo)  
Or Scan Below



To register visit:  
[tinyurl.com/riodelareg](http://tinyurl.com/riodelareg)  
Or Scan Below



Instagram

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\$ 10

8 week  
session



*Persons with disabilities are welcome to participate in our programs, reasonable accommodations will be made with prior arrangement.*