

**CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS**

**Sepulveda Recreation Center  
8825 Kester Ave, Panorama City, 91402**

*Good Sportsmanship is Everyone's Responsibility . . . Be a Good Sport*

**SPORTS REGISTRATION FORM**

<p><b>Spring Sports 2023</b> GPLA-GIRLS: <input type="checkbox"/> Softball <input type="checkbox"/> Volleyball</p> <p>CO-REC: <input type="checkbox"/> Baseball</p>	<p><b>Year Born</b></p>	<p align="center"><b>DIVISION</b></p> <p><input type="checkbox"/> RKS/TB (2016-2017)    <input type="checkbox"/> MAJ (2010-2011)  <input type="checkbox"/> PW/CP (2014-2015)    <input type="checkbox"/> JRS (2007-2009)  <input type="checkbox"/> MIN (2012-2013)</p>	<p align="center"><b>UNIFORM SIZE</b></p> <table style="width:100%;"> <tr> <td style="text-align: center;"><b>Youth</b></td> <td style="text-align: center;"><b>Adult</b></td> </tr> <tr> <td><input type="checkbox"/> Small</td> <td><input type="checkbox"/> Small</td> </tr> <tr> <td><input type="checkbox"/> Medium</td> <td><input type="checkbox"/> Medium</td> </tr> <tr> <td><input type="checkbox"/> Large</td> <td><input type="checkbox"/> Large</td> </tr> <tr> <td></td> <td><input type="checkbox"/> X-Large</td> </tr> </table>	<b>Youth</b>	<b>Adult</b>	<input type="checkbox"/> Small	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> Large		<input type="checkbox"/> X-Large
<b>Youth</b>	<b>Adult</b>												
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<input type="checkbox"/> Large	<input type="checkbox"/> Large												
	<input type="checkbox"/> X-Large												

<b>P L A Y E R</b>	Last Name _____ First Name _____		<input type="checkbox"/> Male	<input type="checkbox"/> Female		
	Birthdate _____	Age _____	Grade _____	Height _____	Weight _____	School _____
	Are you a returning player		<input type="checkbox"/> Yes	<input type="checkbox"/> No	If yes, Team _____	Division _____
	Do you have a brother or sister playing in this same age division?		<input type="checkbox"/> Yes	<input type="checkbox"/> No		
	If yes: Name _____				Age _____	

**Same team privileges will apply to siblings living in the same household ONLY – Carpool requests not allowed**

<b>G E N E R A L</b>	Address: _____		City: _____	Zip: _____	
	Parent/Guardian: _____		<b>Best Contact</b> Phone #: _____		
	Home Phone: _____		Cell Phone: _____	Work Phone: _____	
	Email Address: _____				
	Emergency Contact Name: _____		Emergency Phone: _____		
	Work Phone: _____		Cell Phone: _____	Other: _____	

**Please check below if you are interested in helping with one of the following:**

Coach       Assistant Coach       Volunteer      Name \_\_\_\_\_

**PARENT/PLAYER CONSENT FORM**

*I, the undersigned, give permission for my child, whose name appears above, to participate in the SEPULVEDA RECREATION CENTER athletic program. I understand the nature of sports activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I agree to relieve the City of Los Angeles Department of Recreation and Parks, its officer agents and employees from any liability in connection with any injury to my child in connection with this league. I understand that the Recreation Facility CARRIES NO INSURANCE.*

*I understand that by enrolling my child(ren) in this program, I agree to allow the City of Los Angeles Department of Recreation and Park and Sepulveda Recreation Center to use photographs, video tapes, and testimonials of participants for use in publicity material free of any fee or usage charge unless otherwise notified.*

*I, the undersigned parent of, \_\_\_\_\_ a minor, do hereby authorize SEPULVEDA RECTREATION CENTER as agents for the under-signed to consent to X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under the general or specialized supervision of any physician licensed under the provisions of the Medical Practice Act on the staff of a licensed hospital, whether such diagnosis or treatment is rendered at the office of said physician or a said hospital. It is understood that this authorization is given in advance of any such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his best judgment may deem advisable. This authorization shall remain effective for the duration of the program, unless revoked sooner in writing and delivered to said agent*

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**PARENT'S OATH TO KIDS**

*I promise to demonstrate good sportsmanship by being a positive role model and encouraging you to play and have fun while supporting you and your team in both victory and defeat.*

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

OFFICE USE ONLY			
RR NUMBER	AMOUNT	RECEIVED BY (Initial)	AGE VERIFIED (Initial)

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GOOD SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY

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# BE A GOOD SPORT

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## PLAYER'S CODE OF CONDUCT

## PARENT'S CODE OF CONDUCT

*I hereby pledge to live up to my responsibilities as a Player participating in the Department of Recreation & Parks Sports Program by following the Player's Code of Conduct*

*I hereby pledge to live up to my responsibilities as a Parent of a child participating in the Department of Recreation & Parks Sports Program by following the Parent's Code of Conduct*

1. I will play by the rules, and refrain from arguing or complaining about the official's decisions.
2. I will be a role model of good sportsmanship and character and will meet my responsibilities to the coach and the team.
3. I will play for the fun of it, and do my best to make sure that the game is fun for all participants.
4. I will demonstrate fair play and sportsmanship. I will treat participants, coaches, recreation administrators, and the public with respect as I would like to be treated.
5. I will refrain from the use of alcohol, drugs, or tobacco at all youth sports events.  
I will make only positive and encouraging comments to players on both teams.
6. I will be a good sport by cooperating with my coaches, teammates, opponents and officials.  
I will remember that the goals of the game are to have fun, improve skills and feel good about playing. I will not take the game or myself too seriously. I will control my temper.
7. I will work equally hard for the team as for myself, and will always give my best effort.
8. As a player, I have rights and responsibilities I will remember that I am a sports player and that the game is for my enjoyment and my skill improvement.
9. I will demonstrate good sportsmanship.
- 10.

1. I will place the emotional and physical well-being of the children above any personal desire to win. I will help my child understand the valuable lessons sports can teach.
2. I will be a role model of good sportsmanship and character. I will help my child meet his/her responsibilities to the coach and the team.
3. I will do my best to make sure that the game is fun for all participants.
4. I will lead by example in demonstrating fair play and sportsmanship to all participants. I will treat participants, coaches, recreation administrators, and public with respect.
5. I will help maintain a sports environment for all participants that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
6. I will make only positive and encouraging comments to players on both teams. I will not interfere or coach from the stands.
7. I will remember to not take the game or myself too seriously.
8. I will strive to create a positive recreational experience for everyone involved in the activity.
9. I will remember that I am a youth sports parent, and that the game is for children and not adults. Accordingly, I will encourage my child to play sports by providing a supportive atmosphere, but not pressure.

*I understand that the penalties for not adhering to this Code of Conduct may range from verbal warning to expulsion from the activity.*

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Sepulveda Recreation Center

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\_\_\_\_\_  
PRINT PLAYER'S NAME

\_\_\_\_\_  
FACILITY

\_\_\_\_\_  
PRINT PARENT'S/GUARDIAN NAME

\_\_\_\_\_  
FACILITY

\_\_\_\_\_  
PLAYER'S SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT'S/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

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