

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

SHADOW RANCH RECREATION CENTER



22633 VANOWEN ST. WEST HILLS, CA 91307 (818) 883-3637 SHADOWRANCH.RECREATIONCENTER@LACITY.ORG

INTRO TO SPORTS

FILLS UP FAST!

THIS CLASS ALLOWS
KIDS TO EXPLORE AND
LEARN THE BASICS OF
MULTIPLE SPORTS SUCH
AS SOCCER, T-BALL,
TENNIS AND MORE.
WE SEEK TO TEACH AND
MAKE PARTICIPANTS
COMFORTABLE WITH
PHYSICAL ACTIVITY BY
CREATING A WELCOMING
ENVIRONMENT THAT LETS
KIDS EASE INTO THE
COMMITMENT OF MORE
ORGANIZED SPORTS.

AGES: 4-6

TUESDAY

3:00-3:45PM

\$120 8 WEEKS STARTS 1/9

NO CLASS 1/30

WINTER

SPORTS CLASSES

NSTRUCTOR: SABRINA

SOCCER CLINIC





THIS CLASS IS GREAT FOR ALL LEVELS OF EXPERIENCE. THE INSTRUCTOR WILL REVIEW SOCCER SKILLS, RULES, AND HAVE KIDS PLAY SCRIMMAGES AGAINST EACH OTHER. SOCCER CLEATS ARE RECOMMENDED BUT ATHLETIC SHOES ARE OKAY. PLEASE BRING WATER, SHIN GUARDS, AND WEAR ATHLETIC ATTIRE.

AGES: 5 - 8 TUESDAY: 4:00-4:45PM

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.

Waivers available for those who qualify, ask for details.