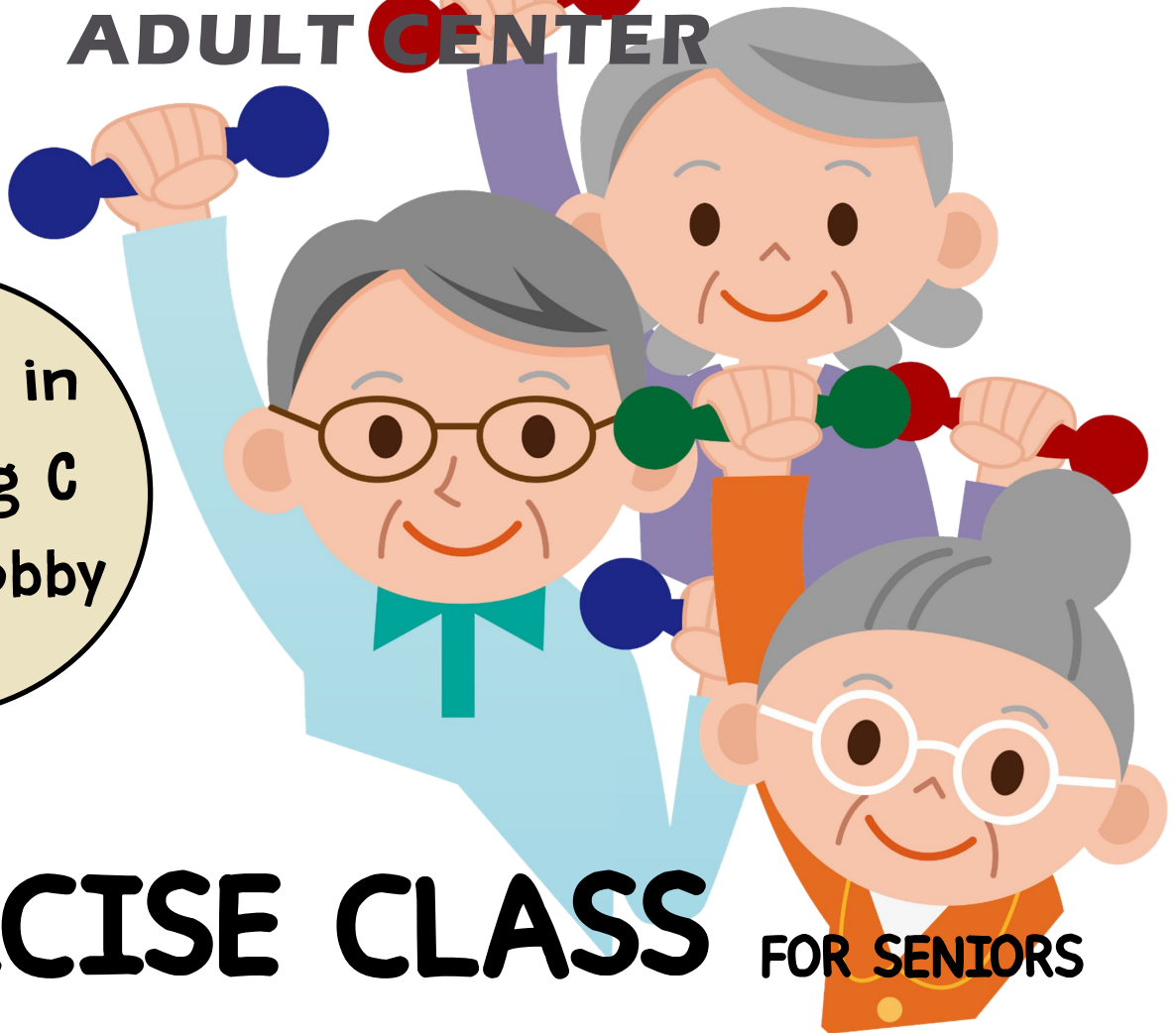


# SHERMAN OAKS EAST VALLEY ADULT CENTER



Located in  
Building C  
in the Lobby

## EXERCISE CLASS FOR SENIORS

**MONDAYS**  
9:00AM-10:00AM  
10:15AM-11:15AM

**THURSDAYS**  
9:00AM-10:00AM

**FRIDAYS**  
9:00AM-10:00AM

VISIT US AT: 5056 Van Nuys Blvd. Sherman Oaks, CA 91403

Phone: (818) 386-9674

Email: [shermanoakseastvalley.adultcenter@lacity.org](mailto:shermanoakseastvalley.adultcenter@lacity.org)



Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.



Achieving gender equity through a continuous commitment to girls and women in sports.