



City of Los Angeles Department of Recreation & Parks



SHERMAN OAKS EAST VALLEY ADULT CENTER (SOEVAC)

5056 Van Nuys Blvd. Sherman Oaks, CA 91403 (818) 386-9674



Join us for: BOOKS ON TAPE

(Variety of topics)

ARE NOW AVAILABLE TO LISTEN TO, HERE AT SOEVAC,
for all *Seniors, ages 50+ .*

MONDAYS-FRIDAYS, from: 9:00 a.m. - 3:30 p.m.

Those Interested in using the equipment here at SOEVAC, loaned to the center by the Braille Institute, please come to the Recreation Office, in Building C/#135, to inquire.



Continued Activity: SENIOR STEP AND STRIDE



for all *Seniors, ages 50+*

Tuesdays 4:15 p.m. - 5:15 p.m.

Meet in Building C (#135) Lobby,

(Must enter from parking lot, one block South of Magnolia (Hartsook Street) at Van Nuys Blvd.)

Locations to walk:

Inside Building C/#135 Rooms 1-3 (if it is too hot/cold outside), or

Outside track (when weather permits)

Meet new friends, Have a fun time walking together, while burning some calories, uplifting your mood, and staying healthy.

Reserve a space now in the Recreation office, located in building C / #135.

For more information, please call (818) 386-9674