



City of Los Angeles

Department of Recreation and Parks

# South Seas House Recreation Center

2301 W. 24th Street, Los Angeles, CA 90018

(323) 373-9483 / rap.southseashouse@lacity.org



## Fall 2023 Program Schedule

### Youth Activity Classes

From 10/2/23-12/09/23



REGISTRATION STARTS LEAGUES 8/5/23

& CLASSES/CLINICS 8/28/23

Class Clase	Description Descripción	Ages Edades	Days Días	Times Horarios	Fee
PlayLA Modern Ballet	Come learn modern ballet. You'll move with class & grace.	6-8	Monday	4:00PM-5:00PM	\$10
PlayLA Hip Hop Dance	New to dancing? Just want to have fun & move to the beats.	9-12	Monday	5:00PM-6:00PM	\$10
PlayLA Gymnastics	An excellent introduction to the sports of gymnastics. Come have a great time learning the basics of the sport while gaining strength & flexibility.	8-12	Friday	5:00PM-6:00PM	\$10
GPLA Cheer	Participate in cheerleading through a fun & safe environment. Learning a wide variety of techniques, from motions, stunts, & jumps.	8-12	Friday	6:00PM-7:00PM	\$10
Little Kickers	For new & growing soccer players Learn & practice the basics of soccer, how to control the ball, play defense, & kick the ball.	2.8-5	Saturday	9:00AM-9:45AM	\$40 per month
Little Ballers	For new basketball players. Learn & practice the basics of basketball, passing, shooting & dribbling.	2.8-5	Saturday	10:00AM-10:45AM	\$40 per month
PlayLA Drill & Cheer I	The art of sharp, precise movement in formations with the inspiration of cheer techniques.	8-12	Saturday	11:00AM-12:00PM	\$10
PlayLA Drill & Cheer II	Master the techniques of cheer & drill, from learning coordination, motions & self confidence.	5-7	Saturday	11:00AM-12:00PM	\$10



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SCAN ME



TO REGISTER



### Sports Clinics

3 Dates for \$10



Clinics Clinicas	Date 1 Fecha 1	Date 2 Fecha 2	Date 3 Fecha 3	Time Hora	Ages Edades
GPLA Basketball Skills	Saturday 10/07/23	Saturday 10/14/23	Saturday 10/21/23	12:15PM-2:15pM	10-12
PlayLA Basketball Skills	Saturday 10/28/23	Saturday 11/04/23	Saturday 11/11/23	12:15PM-2:15pM	10-12
PlayLA Basketball Skills	Saturday 11/18/23	Saturday 11/25/23	Saturday 12/09/23	12:15PM-2:15pM	10-12
GPLA Soccer Skills	Saturday 11/18/23	Saturday 11/25/23	Saturday 12/09/23	2:30PM-4:30PM	7-9

### Sports League

Ages 9-10. \$10 Per League



League Legua	Division División	Evaluation Date Fecha	Evaluation Time Hora	First Game Date	Last Game Date
PlayLA Soccer	Minors	8/26/23	9AM	10/2/23 @8AM-5PM	11/23/23 @8AM-5PM
GPLA Soccer	Minors	8/23/23	10AM	10/2/23 @8AM-5PM	11/23/23 @8AM-5PM

Please note: First come first served basis. Payments must be made no later than the first week of the month. Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible. Programs and classes are subject to change or cancellation without notice. No refunds will be issued unless the program is cancelled by the recreation center. "Achieving gender equity through a continuous commitment to girls and women in sports."