



Sunland Recreation Center

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Spring 2025 Girls VOLLEYBALL



Registration opens Monday, February 3rd.

- Age is determined as of January 1, 2025.
- Evaluations are mandatory for all players.
- League fee includes uniform, officials' fees, and award.
- In-person or online at www.laparks.org/reccenter/sunland



\$10
per player

Division	Age/Year	Evaluations
Minor	9-10 yrs 2014-2015	Saturday, March 15th @ 2pm
Major	11-12 yrs 2012-2013	Saturday, March 15th @ 3pm
Junior	13-15 yrs 2009-2011	Saturday, March 15th @ 4pm



*For more information about the league see the back.

SPRING 2025 GIRLS VOLLEYBALL LEAGUE INFORMATION

FEE

- \$10 per player.
- Fee includes uniform, equipment, officials, and award.
- PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games.

REGISTRATION

- Registration begins on Monday, February 3rd and will continue until all teams are full.
- You can register in-person at Sunland Park Office Monday-Friday 11am-8:30pm or Saturday 9:30am-4:30pm.
- Payment must be made in full with a completed registration form. Payment can be made in exact cash, credit/debit card (VISA, MASTERCARD ONLY) or check payable to City of L.A.
- You can register online at www.laparks.org/reccenter/sunland or scan the QR code.

EVALUATIONS

- It is mandatory for all players to attend evaluation. Please see the front page for your player's day/time.
- All players will be drafted to create balanced teams of 9-10 players.
- Only siblings will be placed on the same team. Coaches' children will play on their parent's team.
- No other requests will be accommodated.

PRACTICES

- All teams will have at least one weekly practice.
- Practice day and time are based on coaches' availability and can be subject to change.
- Practices will be one day during the week starting as early as 5pm.

GAMES

- Games will begin in April and will be held on Saturdays and possibly weeknights.
- Some divisions may require traveling to other recreation centers. Parents are responsible for the transportation of their child.

VOLUNTEER COACHING

- Volunteer coaches needed!
- You must be over the age of 18 and will need to be fingerprinted and cleared by the City of Los Angeles - Department of Recreation and Parks.
- All coaches will need to attend evaluations and coaches meeting.

REFUND

- Full refunds will only be issued if the league is cancelled by Sunland Park Recreation Center.
- Partial refunds will be available until teams are made.

CODE OF CONDUCT

All participants, coaches, and spectators are expected to demonstrate good sportsmanship at all times. This includes but is not limited to placing the emotional and physical well-being of the children above any desire to win, meeting the responsibilities of the coach and the team, treating the officials, coaches, players, staff, and other spectators with respect, and maintaining a fun and POSITIVE environment for all.