



Sunland Recreation Center

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Sports Leagues WINTER 2026



BASKETBALL

DIVISION	YEAR	EVALUATION
ROOKIE 5-6 YRS	2019-2020	Wednesday 12/10/25 @ 5pm
PEE WEE 7-8 YRS	2017-2018	Wednesday 12/10/25 @ 6pm
CO-REC/GPLA MINOR 9-10 YRS	2015-2016	Wednesday 12/10/25 @ 7pm



VOLLEYBALL

DIVISION	YEAR	EVALUATION
MINOR 9-10 YRS	2015-2016	Tuesday 12/9/25 @ 5:30pm
MAJOR 11-12 YRS	2013-2014	Tuesday 12/9/25 @ 6:30pm
JUNIOR 13-15 YRS	2010-2012	Tuesday 12/9/25 @ 7:30pm



SOCCER

DIVISION	YEAR	EVALUATION
LITTLE KICKER 3-4 YRS	2021-2022	N/A
ROOKIE 5-6 YRS	2019-2020	Wednesday 12/3/25 @ 5pm
PEE WEE 7-8 YRS	2017-2018	Wednesday 12/3/25 @ 6pm
CO-REC/GPLA MINOR 9-10 YRS	2015-2016	Wednesday 12/3/25 @ 7pm

REGISTRATION BEGINS:
Monday, November 3, 2025

COST:
\$10/player per sport

PAYMENT:
Cash, Credit Card, Check

WHAT'S INCLUDED:
Uniform, equipment, weekly practice, games, and award

HOW TO REGISTER:
In-Person or online



LEAGUE PROCESS:

1. Register
2. Attend mandatory evaluations
3. Join SportsYou to receive team information
4. Check SportsYou for practice/game schedule

For further information see the back page.

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS



WINTER 2026 SPORT LEAGUE INFORMATION

FEE

- \$10 per player.
- Fee includes uniform, equipment, officials, and award.
- PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games.

REGISTRATION

- Registration begins on Monday, November 3rd and will continue until all teams are full.
- You can register in-person at Sunland Park Office Monday-Friday 11am-8:30pm or Saturday 9:30am-4:30pm.
- Payment must be made in full with a completed registration form. Payment can be made in exact cash, credit/debit card (VISA, MASTERCARD ONLY) or check payable to City of L.A.
- You can register online at www.laparks.org/reccenter/sunland or scan the QR code.

EVALUATIONS

- Age is determined as of January 1, 2026.
- It is mandatory for all players to attend evaluation. Please see the front page for your player's day and time.
- All players will be drafted to create balanced teams of 9-12 players.
- Only siblings will be placed on the same team. Coaches' children will play on their parent's team.
- No other requests will be accommodated.

PRACTICES

- All teams will have at least one weekly practice.
- Practice day and time are based on coaches' availability and can be subject to change.
- Practices will be one day during the week starting as early as 5pm.

GAMES

- Games will begin in January and will be held on Saturdays and weeknights.
- Some divisions may require traveling to other recreation centers. Parents are responsible for the transportation of their child.
- In the event of a rainout only one game will be made up. All other games will be canceled.

VOLUNTEER COACHING

- Volunteer coaches needed!
- You must be over the age of 18 and will need to be fingerprinted and cleared by the City of Los Angeles - Department of Recreation and Parks.
- All coaches will need to attend evaluations and coaches meeting.

REFUND

- Full refunds will only be issued if the league is cancelled by Sunland Park Recreation Center.
- Partial refunds will be available until teams are made.

CODE OF CONDUCT

All participants, coaches, and spectators are expected to demonstrate good sportsmanship at all times. This includes but is not limited to placing the emotional and physical well-being of the children above any desire to win, meeting the responsibilities of the coach and the team, treating the officials, coaches, players, staff, and other spectators with respect, and maintaining a fun and POSITIVE environment for all.

Achieving gender equity through a continuous commitment to girls and women in sports. Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.