



City of Los Angeles Department of Recreation and Parks

Sunland Senior Center

8640 Fenwick St., Sunland, CA 91040 / (818) 353-9571

Workout Video with Rachel



EVERY FRIDAY

STARTING @ 10:00 AM

\$1 / class suggested donation

Achieving gender equity through a continuous commitment to girls and women in sports"

Persons with disabilities are welcomed to participate in our programs. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.