



City of Los Angeles - Department of Recreation and Parks
Sunland Recreation Center

8651 Foothill Blvd., Sunland, CA 91040 (818) 352-5282
Sunland.RecreationCenter@LAcity.org
Register at www.laparks.org/reccenter/sunland

Frisbee Golf



Disc golf provides upper and lower body conditioning, aerobic exercise, and mental stimulation. Learn this fun game where Frisbees are used instead of golf clubs.

Adults 18+

\$25/8 week session

Instructor: Anthony Moreno Location: Field
Tuesdays 6:00PM-7:00PM January 11 - March 1
Registration begins November 29

Pursuant to City of Los Angeles Ordinance No. 187219, beginning Monday, November 29, 2021, **PROOF OF COVID-19 VACCINATION** will be required for individuals eligible (ages 12 and over) for COVID vaccination to enter all indoor LA Parks facilities. All individuals that are eligible for COVID vaccination participating or entering an indoor facility must show **PROOF OF COVID-19 VACCINATION**. For those unable to provide **PROOF OF COVID-19 VACCINATION**, alternative programming is available. Information can be found here: bit.ly/rapalt.

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"Achieving gender equity through a continuous commitment to girls and women in sports"
Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.
Sportsmanship counts. Be a good sport!

