



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS

SYLMAR RECREATION CENTER

13109 BORDEN AVENUE, SYLMAR, CA 91342

TELEPHONE: (818) 367-5656

EMAIL: SYLMAR.RECREATIONCENTER@LACITY.ORG



GPLA VOLLEYBALL SPRING 2025

REGISTRATION INFO:

ONLINE:

FEBRUARY 3-7, 2025

STARTS @ 9:00AM

WALK-IN:

FEBRUARY 8, 2025

STARTS @ 9:00



****Walk-In registration will continue until league is full.****

Register online at:

[Laparks.org/reccenter/sylmar](http://laparks.org/reccenter/sylmar)



ONLY

SIBLING
REQUESTS ON
SAME TEAM WILL
BE GRANTED.

AGES
9-15



ONLY
\$10!

AGE / DIVISION FOR SPRING VOLLEYBALL IS DETERMINED AS OF JANUARY 1, 2025.

NO CREDIT OR REFUND UNLESS PROGRAM IS CANCELLED

DIVISION DIVISIÓN	YEAR BORN AÑO DE NACIMIENTO	EVALUTION DATE DÍA DE EVALUACIÓN	TIME TIEMPO
MINOR	2014-2015	MARCH 5, 2025 MARZO 5, 2025	6:00PM
MAJOR	2012-2013	MARCH 5, 2025 MARZO 5, 2025	7:00PM
JUNIOR	2009-2011	MARCH 5, 2025 MARZO 5, 2025	8:00PM

PLAYLA YOUTH AND ADAPTIVE YOUTH SPORTS PROGRAM IS MADE POSSIBLE BY THE LA28 OLYMPIC AND PARALYMPIC GAMES PROVIDING YOUTH AN OPPORTUNITY TO PARTICIPATE FOR \$10. WAIVERS AVAILABLE, ASK FOR DETAILS.

PERSONS WITH DISABILITIES ARE WELCOMED TO PARTICIPATE IN OUR CLASSES AND PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.

Spring Volleyball Information



SPORTS PROGRAM GOALS

- ☒ BUILDING CHARACTER THROUGH SPORTS
- ☒ PROVIDE ALL PARTICIPANTS WITH A POSITIVE EXPERIENCE
- ☒ PROMOTE GOOD SPORTSMANSHIP
- ☒ ENCOURAGE PARTICIPATION
- ☒ FOCUS ON SKILL DEVELOPMENT
- ☒ TEACH THE RULES RELATING TO THE SPORT
- ☒ HAVE FUN!

REGISTRATION FEE & PAYMENT

- ☒ REGISTRATION FEE INCLUDES: JERSEY, SHORTS, AWARD, AND ADMINISTRATIVE COSTS. PAYMENT MUST BE PAID IN FULL AT THE TIME OF REGISTRATION. REGISTRATION FORMS MUST BE COMPLETED.
- ☒ METHOD OF PAYMENTS ACCEPTED: CREDIT CARDS (VISA OR MASTERCARD).
- ☒ *INDIVIDUAL AND TEAM PICTURES ARE NOT INCLUDED IN THE REGISTRATION FEE.
- ☒ ONLY SIBLINGS AND CHILDREN OF THE COACHES WILL BE PLACED ON THE SAME TEAM.
- ☒ CARPOOL OR COUSIN REQUESTS WILL NOT BE ACCOMMODATED.
- ONLINE REGISTRATION CAN BE COMPLETED BY VISITING: [HTTPS://REG.LAPARKS.ORG/WEB/WBWSC/WEBTRAC.WSC/SPLASH.HTML](https://reg.laparks.org/web/wbwsc/webtrac.wsc/splash.html)

EVALUATIONS (FIRST DAY)

- ☒ **ALL REGISTERED PARTICIPANTS MUST ATTEND THE EVALUATIONS.**
- ☒ THE PURPOSE OF THE EVALUATIONS IS TO DETERMINE THE SKILL LEVEL OF EACH PLAYER AND TO BALANCE THE TEAMS THROUGHOUT THE LEAGUE.
- ☒ PARTICIPANTS ARE ENCOURAGED TO WEAR ATHLETIC ATTIRE AND TENNIS SHOES. EACH PARTICIPANT WILL PERFORM SEVERAL DRILLS.
- ☒ PLEASE SEE THE OTHER SIDE OF THIS PAGE FOR EVALUATION DATE AND TIME.

PRACTICES

- ☒ TEAMS WILL TENTATIVELY START PRACTICING **MID MARCH**. EACH TEAM WILL PRACTICE AT LEAST ONCE OR TWICE A WEEK FOR AN HOUR. WEEKDAY PRACTICES WILL BE HELD BETWEEN 5:00PM AND 9:00PM. ON SATURDAYS, PRE-SEASON PRACTICES WILL TAKE PLACE BETWEEN 9:00AM AND 5:00PM.
- ☒ ONCE THE TEAMS ARE SELECTED, YOUR COACH WILL NOTIFY YOU REGARDING THE TIMES AND DAYS FOR PRACTICES.
- ☒ PRACTICES MAY BE MODIFIED AT ANY TIME FOR THE WELFARE OF THIS LEAGUE. PRACTICE TIMES AND DATES ARE NOT GUARANTEED DUE TO LIMITED GYM AVAILABILITY.

GAMES

- ☒ THE GAMES WILL TENTATIVELY START THE FIRST **WEEK OF APRIL**. EACH TEAM WILL PLAY AT LEAST EIGHT (8) GAMES. SOME DIVISIONS MAY BE REQUIRED TO TRAVEL AND PLAY WITH OTHER LOCAL PARKS. PARENTS ARE RESPONSIBLE FOR THE TRANSPORTATION OF THEIR CHILD.

REFUND POLICY

- FULL REFUNDS WILL BE ISSUED ONLY IF THE VOLLEYBALL LEAGUE IS CANCELLED BY THE RECREATION CENTER.
- REFUNDS WILL BE ISSUED AS CREDIT TOWARDS YOUR HOUSEHOLD REGISTRATION ACCOUNT.

CODE OF CONDUCT

- ☒ ALL PARTICIPANTS, COACHES AND SPECTATORS ARE EXPECTED TO DEMONSTRATE GOOD SPORTSMANSHIP AT ALL TIMES. MAKE SURE THE GAME IS FUN FOR EVERYONE INVOLVED. MEET THE RESPONSIBILITIES TO THE COACH AND THE TEAM. MAINTAIN AN ENVIRONMENT FREE OF DRUGS, TOBACCO, AND ALCOHOL. MAKE POSITIVE AND ENCOURAGING COMMENTS. KEEP EMOTIONS UNDER CONTROL. ADDRESS PROBLEMS, CONCERNS OR ANYTHING TO THE COACH BEFORE APPROACHING STAFF. TREAT THE PUBLIC, OFFICIALS AND STAFF WITH RESPECT. AVOID COACHING AND YELLING OUT INSTRUCTIONS FROM THE SIDELINES. THOSE EXHIBITING POOR SPORTSMANSHIP, OR UNETHICAL BEHAVIOR MAY BE ASKED TO LEAVE, SUSPENDED OR REMOVED FROM THE LEAGUE.

VOLUNTEER COACHES

- ☒ WE ARE LOOKING FOR VOLUNTEER COACHES. IF YOU ARE INTERESTED, AND OVER 18 YEARS OF AGE, PLEASE CONTACT THE OFFICE AT (818) 367-5656.
- ☒ ALL VOLUNTEER COACHES MUST BE FULLY VACCINATED, LIVE-SCANNED AND CLEARED BY THE DEPARTMENT OF RECREATION AND PARKS PRIOR TO COACHING ANY TEAM.