



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS
 SYLMAR RECREATION CENTER
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Register at: Laparks.org/reccenter/sylmar



WINTER CLASSES

REGISTRATION BEGINS/REGISTRACION EMPIEZA:

Monday, December 4, 2023

Lunes, Diciembre 4, 2023

Sessions Run: January 8, 2024–March 11, 2024

Sesiones: Enero 8, 2024–Marzo 11, 2024



***Classes are offered for 8 sessions. No
 class/No clase: 1/15, 2/19***

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games providing youth an opportunity to participate for \$10. Waivers available, ask for details.

CLASS/CLASE	COST/ PRECIO	AGES/ EDAD	CLASS DATES/FECHAS DE CLASES	CLASS TIME/ HORA DE CLASES
CO-REC TINY TOTS SOCCER	\$10	3-4	<u>MONDAYS/LUNES:</u> 1/8,1/22,1/29,2/5,2/12,2/26,3/4,3/11	5:15PM-6:15PM
GPLA TINY TOTS SOCCER	\$10	3-4	<u>MONDAYS/LUNES:</u> 1/8,1/22,1/29,2/5,2/12,2/26,3/4,3/11	5:15PM-6:15PM
CO-REC TRACK & FIELD	\$10	9-12	<u>MONDAYS/LUNES:</u> 1/8,1/22,1/29,2/5,2/12,2/26,3/4,3/11	5:15PM-6:15PM
GPLA TRACK & FIELD	\$10	9-12	<u>MONDAYS/LUNES:</u> 1/8,1/22,1/29,2/5,2/12,2/26,3/4,3/11	5:15PM-6:15PM
GPLA VOLLEYBALL	\$10	8-10	<u>TUESDAYS/MARTES:</u> 1/9,1/16,1/23,1/30,2/6,2/13,2/20,2/27	5:30PM-6:30PM
GPLA CHEER	\$10	8-10	<u>TUESDAYS/MARTES:</u> 1/9,1/16,1/23,1/30,2/6,2/13,2/20,2/27	6:30PM-7:30PM
GPLA VOLLEYBALL	\$10	11-12	<u>TUESDAYS/MARTES:</u> 1/9,1/16,1/23,1/30,2/6,2/13,2/20,2/27	7:30PM-8:30PM
ULTIMATE FRISBEE	\$10	8-12	<u>WEDNESDAYS/MIERCOLES:</u> 1/10,1/17,1/24,1/31,2/7,2/14,2/21,2/28	4:30PM-5:30PM
CO-REC ROOKIE SOCCER	\$10	5-6	<u>FRIDAYS/VIERNES:</u> 1/12,1/19,1/26,2/2,2/9,2/16,2/23,3/1	5:15PM-6:15PM
GPLA ROOKIE SOCCER	\$10	5-6	<u>FRIDAYS/VIERNES:</u> 1/12,1/19,1/26,2/2,2/9,2/16,2/23,3/1	5:15PM-6:15PM

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

Achieving Gender Equity through a continuous commitment to girls and women in sports

Programs and classes may be subject to change.