



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS

SYLMAR RECREATION CENTER

13109 BORDEN AVENUE, SYLMAR, CA 91342

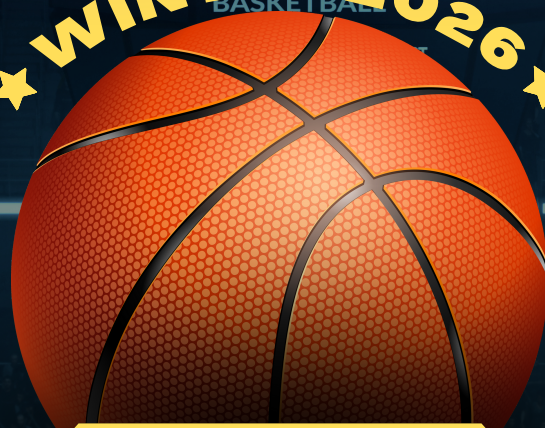
TELEPHONE: (818) 367-5656

EMAIL: SYLMAR.RECREATIONCENTER@LACITY.ORG



GPLA BASKETBALL

★ WINTER 2026 ★



REGISTRATION INFO:

ONLINE:

NOVEMBER 3-7, 2025

STARTS @ 9:00AM

WALK-IN:

NOVEMBER 8, 2025

STARTS @ 9:00AM



****Walk-In registration will continue
until league is full.****

Register online at:
Laparks.org/reccenter/sylmar



**AGES 5-15
ONLY \$10!**

ONLY
SIBLING
REQUESTS ON
SAME TEAM WILL
BE GRANTED.



AGE / DIVISION FOR WINTER BASKETBALL IS DETERMINED AS OF JANUARY 1, 2026.

NO CREDIT OR REFUND UNLESS PROGRAM IS CANCELLED

DIVISION DIVISIÓN	YEAR BORN AÑO DE NACIMIENTO	EVALUTION DATE DÍA DE EVALUACIÓN	TIME TIEMPO
ROOKIE	2019-2020	DECEMBER 2, 2025 DICIEMBRE 2, 2025	4:00PM
PEEWEE	2017-2018	DECEMBER 2, 2025 DICIEMBRE 2, 2025	5:00PM
MINOR	2015-2016	DECEMBER 2, 2025 DICIEMBRE 2, 2025	6:00PM
MAJOR	2013-2014	DECEMBER 2, 2025 DICIEMBRE 2, 2025	7:00PM
JUNIOR	2010-2012	DECEMBER 2, 2025 DICIEMBRE 2, 2025	8:00PM

IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY [(818)367-5656], OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE.

IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE.

WINTER BASKETBALL INFORMATION



SPORTS PROGRAM GOALS

- Building character through sports
- Provide all participants with a positive experience
- Promote good sportsmanship
- Encourage participation
- Focus on skill development
- Teach the rules relating to the sport
- Have fun!

REGISTRATION FEE & PAYMENT

- Registration fee includes: Jersey, shorts, award, and administrative costs. Payment must be paid in full at the time of registration. Registration forms must be completed.
- Method of payments accepted: Credit cards (Visa or MasterCard).
- Cash payment must be exact. No change available.
- *Individual and team pictures are not included in the registration fee.
- Only siblings and children of the coaches will be placed on the same team.
- Carpool or cousin requests will not be accommodated.

EVALUATIONS (FIRST DAY)

- **All registered participants must attend the evaluations.**
- The purpose of the evaluations is to determine the skill level of each player and to balance the teams throughout the league.
- Participants are encouraged to wear Athletic clothing and basketball shoes. Each participant will perform several drills.
- Please see the other side of this page for evaluation date and time.

PRACTICES

- **Teams will tentatively start practicing end of December.** Each team will practice at least once or twice a week for an hour. Weekday practices will be held between 5:00pm and 9:00pm. On Saturdays, pre-season practices will take place between 9:00am and 5:00pm.
- Once the teams are selected, your coach will notify you regarding the times and days for practices.
- Practices may be modified at any time for the welfare of this league. Practice times and dates are not guaranteed due to limited gym availability.

GAMES

- **The games will tentatively start the first week of January 2026.** Each team will play at least eight (8) games. Some divisions may be required to travel and play with other local parks. Parents are responsible for the transportation of their child.

REFUND POLICY

- Full refunds will be issued only if the basketball league is cancelled by the recreation center.

CODE OF CONDUCT

- All participants, coaches and spectators are expected to demonstrate good sportsmanship at all times. Make sure the game is fun for everyone involved. Meet the responsibilities to the coach and the team. Maintain an environment free of drugs, tobacco, and alcohol. Make positive and encouraging comments. Keep emotions under control. Address problems, concerns or anything to the coach before approaching staff. Treat the public, officials and staff with respect. Avoid coaching and yelling out instructions from the sidelines. Those exhibiting poor sportsmanship, or unethical behavior may be asked to leave, suspended or removed from the league.

VOLUNTEER COACHES

- We are looking for volunteer coaches. If you are interested, and over 18 years of age, please contact the office at (818) 367-5656.
- All volunteer coaches must be live-scanned and cleared by the Department of Recreation and Parks prior to coaching any team.