REGISTRATION BEGINS
Saturday, February 1, 2020
REGISTRATION FEE INCLUDES:
Uniform, Awards, Officials Fees & Administrative Cost

Girls Volleyball
$10

<table>
<thead>
<tr>
<th>AGE</th>
<th>DIVISION</th>
<th>FEE</th>
<th>YEAR OF BIRTH</th>
<th>EVALUATION DATE</th>
<th>TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 - 10</td>
<td>GPLA MINOR</td>
<td>$10</td>
<td>2009 - 2010</td>
<td>WEDNESDAY, MARCH 25, 2020</td>
<td>5:45 PM</td>
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<tr>
<td>11 - 12</td>
<td>GPLA MAJOR</td>
<td>$10</td>
<td>2007 - 2008</td>
<td>WEDNESDAY, MARCH 25, 2020</td>
<td>7:00 PM</td>
</tr>
</tbody>
</table>

Sylmar Recreation Center
13109 Borden Ave. Sylmar, CA. 91342
Phone: (818) 367-5656
Email: Sylmar.recreationcenter@lacity.org
https://www.laparks.org/reccenter/sylmar

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement.

“Achieving Gender Equity through a continuous commitment to girls and women in sports”

Programs and classes may be subject to change.
SPORTS PROGRAM GOALS

- Building character through sports
- Provide all participants with a positive experience
- Promote good sportsmanship
- Encourage participation
- Focus on skill development
- Teach the rules relating to the sport
- Have fun!

REGISTRATION FEE & PAYMENT

- Registration fee includes: Jersey, shorts, socks, award, and administrative costs. Payment must be paid in full at the time of registration. Registration forms must be completed. Method of payments accepted: Cash (exact amount), checks, and credit cards (Visa or MasterCard). Please make checks payable to City of L.A.
- *Individual and team pictures are not included in the registration fee.
- Only siblings and children of the coaches will be placed on the same team.
- Carpool or cousin requests will not be accommodated.

EVALUATIONS (FIRST DAY)

- All registered participants must attend the evaluations.
- The purpose of the evaluations is to determine the skill level of each player and to balance the teams throughout the league. Teams will be selected based on a common draft. Participants are encouraged to wear shorts and soccer cleats. Each participant will perform several drills. Please see the other side of this page for evaluation date and time.

PRACTICES

- Teams will tentatively start practicing the week of April 6, 2020. Each team will practice at least once or twice a week for an hour. Weekday practices will be held between 5:30pm and 9:00pm. On Saturdays, pre-season practices will take place between 9:00am and 5:00pm.
- Once the teams are selected, your coach will notify you regarding the times and days for practices.
- Practices may be modified at any time for the welfare of this league. Practice times and dates are not guaranteed due to limited gym availability.

GAMES

- The games will tentatively start the week of April 20, 2020. Each team will play at least eight (8) games. Some divisions may be required to travel and play with other local parks. Parents are responsible for the transportation of their child.

REFUND POLICY

- Full refunds will be issued only if the soccer league is cancelled by the recreation center.
- Please allow 6 - 8 weeks to receive refunds.

CODE OF CONDUCT

- All participants, coaches and spectators are expected to demonstrate good sportsmanship at all times. Make sure the game is fun for everyone involved. Meet the responsibilities to the coach and the team. Maintain an environment free of drugs, tobacco, and alcohol. Make positive and encouraging comments. Keep emotions under control. Address problems, concerns or anything to the coach before approaching staff. Treat the public, officials and staff with respect. Avoid coaching and yelling out instructions from the sidelines. Those exhibiting poor sportsmanship, or unethical behavior may be asked to leave, suspended or removed from the league.

VOLUNTEER COACHES

- We are looking for volunteer coaches. If you are interested, and over 18 years of age, please contact the office at (818) 367-5656.
- All volunteer coaches must be fingerprinted and cleared by the Department of Recreation and Parks prior to coaching any team.

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Information on this flyer is subject to change or cancellation without prior notice.