Students will explore a series of FUNDAMENTALS, FORMS AND SELF-DEFENSE TECHNIQUES.

Days: Wednesdays
Time: 4:00 pm - 4:40 pm
Ages: 4 - 6

Days: Wednesdays
Time: 4:45 pm - 5:30 pm
Ages: 7-15

Spring Session Runs: April 13, 2020 - June 5, 2020

Registration begins: March 2, 2020

*Age determined as of January 1, 2020

$10
Per 8 week session
Ages: 4 - 15

Refund policy: A nonrefundable 15% administration fee will be as assessed by the Recreation Center for any patron granted a refund, change or transfer per class. Persons with Disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. All information on this flyer is subject to change or cancellation.