



City of Los Angeles Department of Recreation & Parks

TARZANA RECREATION CENTER

5655 Vanalden Ave Tarzana, CA 91356



tarzana.recreationcenter@lacity.org



818-343-5946



tarzanarc



WINTER '26

Yoga

ADULT CLASSES

REGISTRATION
OPENS 12/8
@9AM

\$100

Register in person
online at [LAparks.org](https://laparks.org)

**8 WEEK SESSION
BEGINNING JANUARY 12TH**

MONDAYS 10-11AM

NO CLASS ON JAN. 19TH & FEB. 16TH

ABOUT OUR INDOOR YOGA CLASSES

Discover authentic yoga for any skill level.
Achieve strength, balance, and inner peace
through time-honoured practices.

All programs subject to change or cancellation. A 15% cancellation fee is assessed for all refunds. Persons with disabilities are welcome to participate in our programs. In some cases a person of assistance may be required. Reasonable accommodations will be made with prior arrangements. Achieving gender equity through a continuous commitment to girls and women in sports.

